



Phoenix Rising

Community-Based and Online Youth Empowerment Workshops

2023

Pre/Post Cohort

Art from Ashes exists to empower struggling youth by providing creative programs that facilitate health and hope through expression, connection and transformation.

Scope of Study

The following visualizations present demographic, dosage and fidelity data regarding **570** unduplicated youth participants who attended **Art from Ashes Phoenix Rising** youth empowerment program workshops and presentations throughout **2023**.

451 unduplicated youth completed intake forms, providing individual demographic information.

37 unduplicated youth, or **6.5% of total youth served** completed a post or postonly survey; and **26** unduplicated youth, or **4.6% of total youth served**, completed pre and post surveys, providing self-reported Likert-scale responses to questions in the following domains of inquiry:

- -Program Quality & Satisfaction
- -Academic Success
- -Arts & Culture
- -Community Involvement
- -Cultural Responsiveness
- -Life Skills
- -Positive Life Choices
- -Core Values
- -Sense of Self

Survey questions for this study are sourced from the National Research Center's Youth Outcomes Toolkit, provided to Art from Ashes as a component of participation in the Denver-based Colorado Alliance for Creative Youth, in partnership with Colorado Creative Industries.



451 Undu at leas spoke their u sheet

Unduplicated Youth attended at least one Phoenix Rising poetry and spoken word workshop and who wrote their names and/or ages on a sign-in sheet

> 166 youth indicated race/ethnicity

youth indicated age

. 215

174

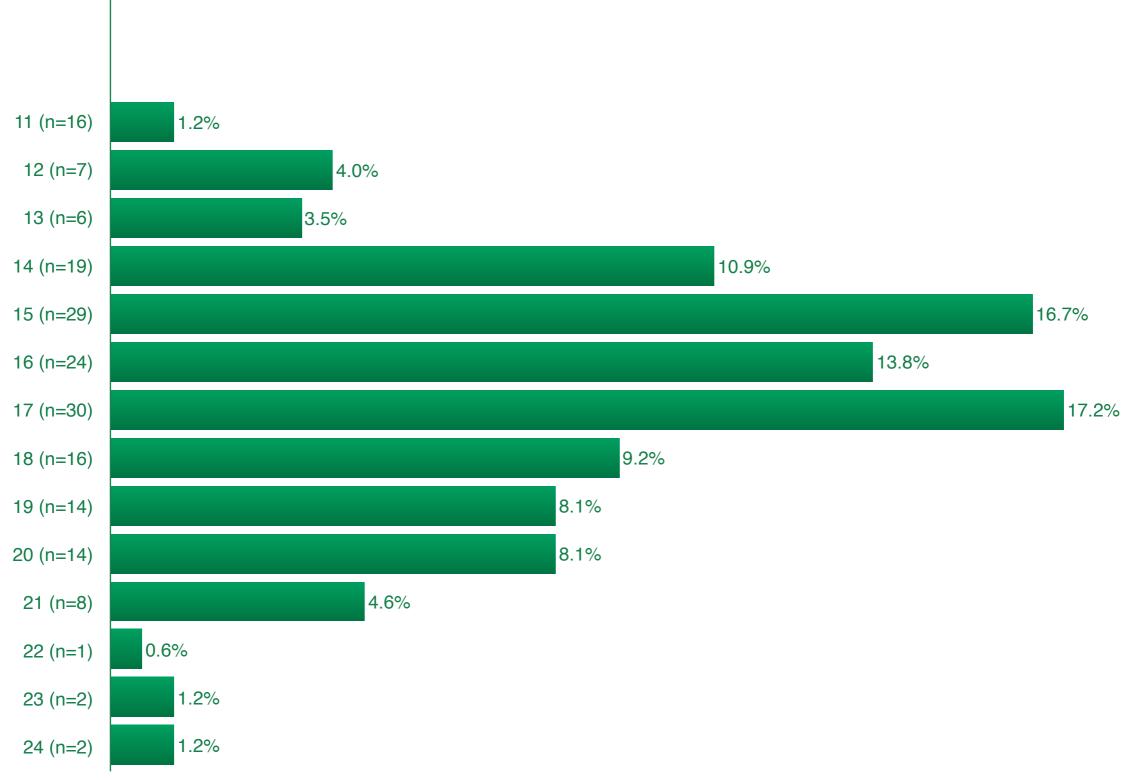
youth indicated gender

150 youth indicated grade level

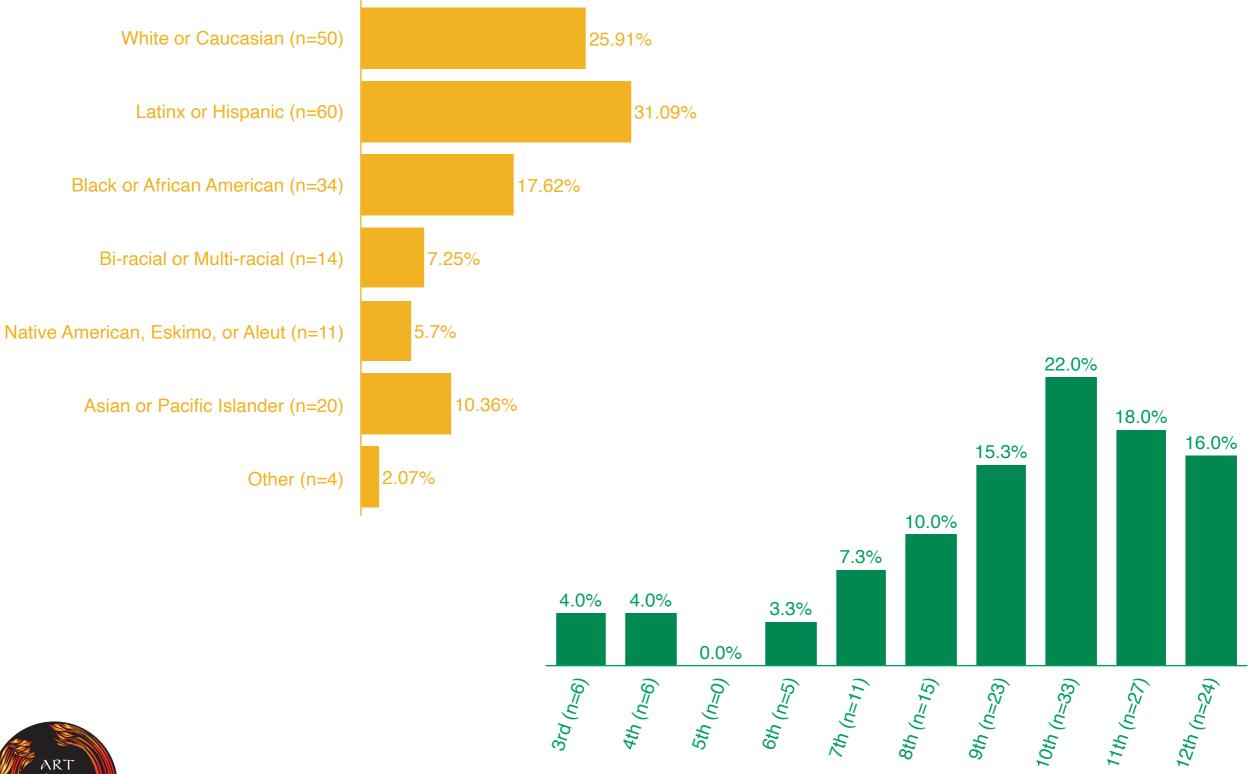
37 youth completed a post survey

26 completed matched pre & post surveys

Age - Unduplicated Youth (n= 174)



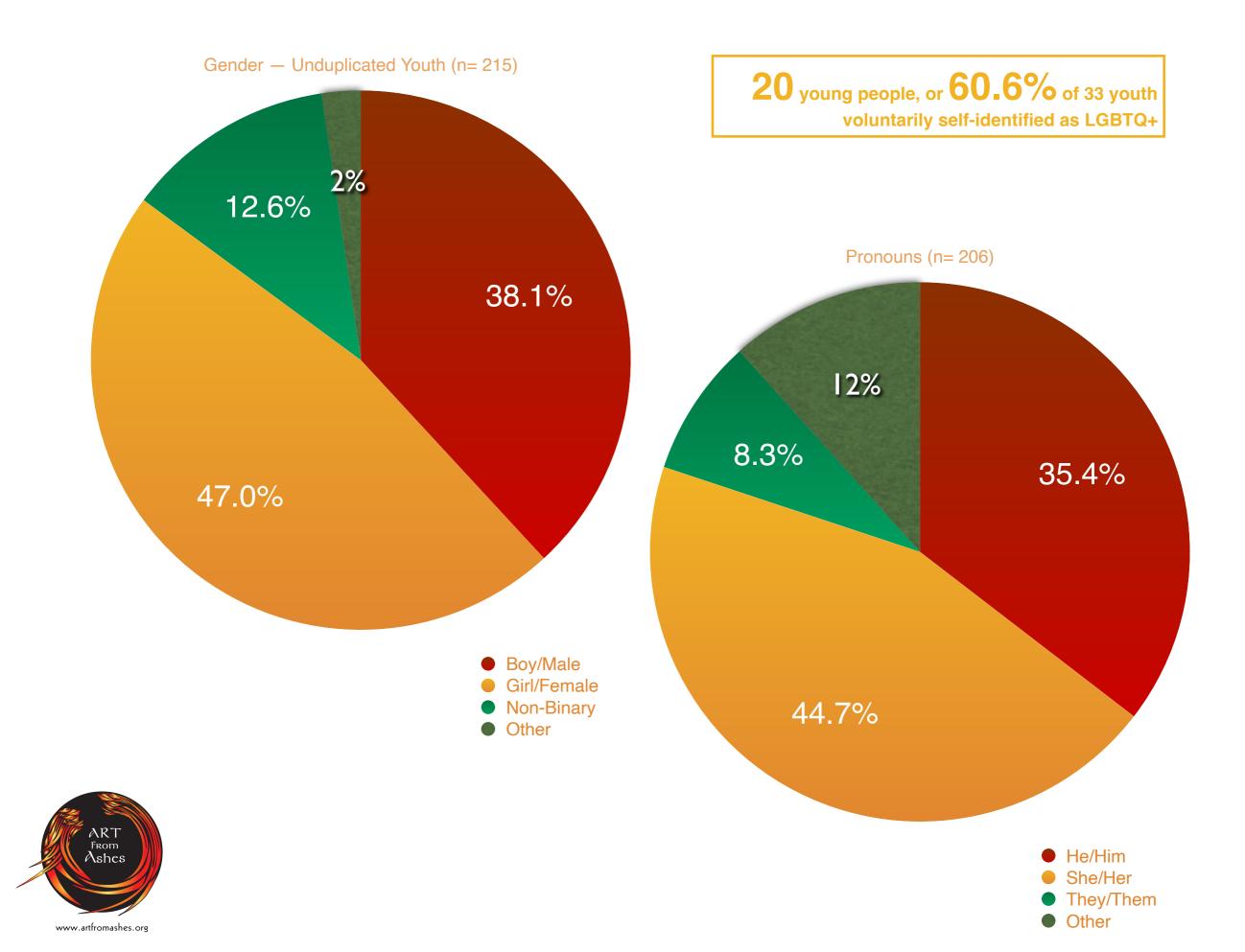


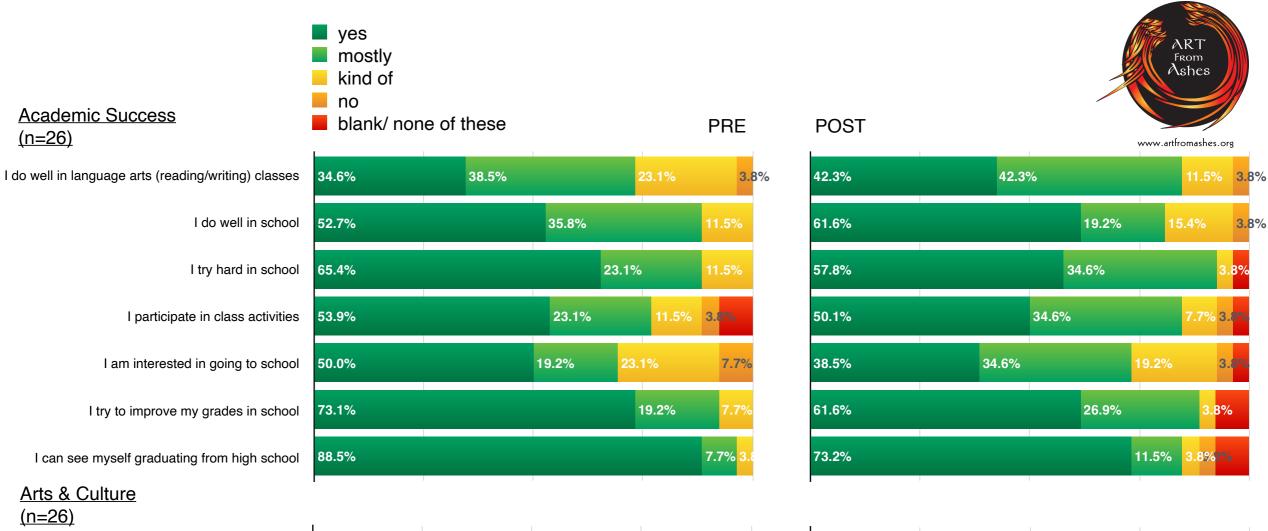


Race/Ethnicity – Unduplicated Youth (n=166) – youth may choose more than one response



Grade Level — **Unduplicated Youth (n= 150)**





I enjoy poetry (art)	11.5%	26.9%		2	6.9%	34.6%	
I think that poetry (art) is important	11.5%	30.8%			26.9%	30.8%	5
I am comfortable performing in front of others	3.8223.19	%	20	6.9%	46.2%		
I spend time doing poetry (art)	3.83⁄8%	26.9%	65	.5%			
I can express myself through poetry (art)	11.5%	7.7%	26.9%	50	0.1%		
I can show others how I see the world through my poetry (art)	11.5%	19.2%	19	9.2%	46.2%		
I see myself as a poet (artist)	3.87/27%	19.2%	65.5%	6			
I feel strongly that youth like me can be poets (artists)	11.5%	26.9%		23	.1% 3	0.8%	

(n=26)

(n=26)

38.5%			26.9%			19.2%	6	11.5%
57.7%					15.4%	%	15.4%	7.7%
19.2%	11.5%	34.6%	6			30.8%		
19.2%	11.5%	26.9%	6		38.5%	6		
57.7%					7.7%	23.1%	6	7.7%
50.0%				7.7%	30.8%	/0		7.7%
23.1%	15.49	%	15.4%	42	2.3%			
53.9%				19	9.2%		15.4%	7.7%

3.8%

.8%

yes mostly kind of no blank



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Academic Success <u>(n=37)</u>

I do well in language arts (reading/writing) classes

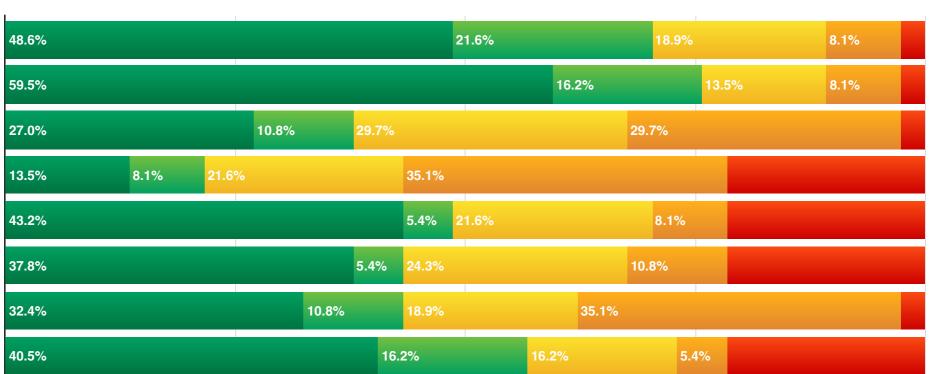
I do well in school I try hard in school I participate in class activities I am interested in going to school I try to improve my grades in school

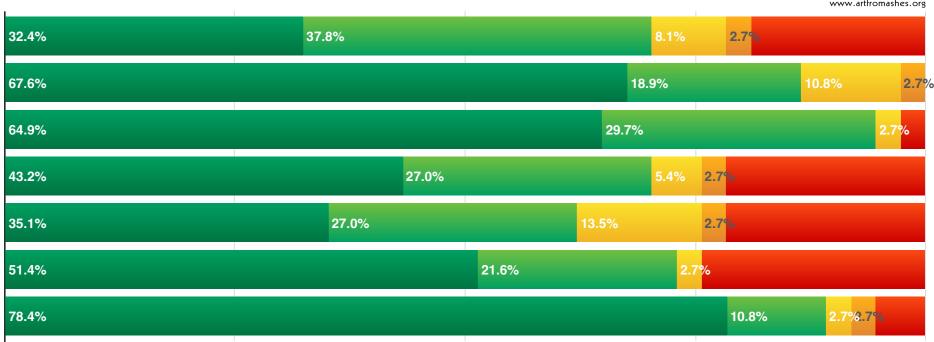
I can see myself graduating from high school

Arts & Culture <u>(n=37)</u>

48.	l enjoy poetry (art)
59.	I think that poetry (art) is important
27.	I am comfortable performing in front of others
13.	I spend time doing poetry (art)
43.	I can express myself through poetry (art)
37.	I can show others how I see the world through my poetry (art)
32.	I see myself as a poet (artist)

I feel strongly that youth like me can be poets (artists)









I am important to my community

yes

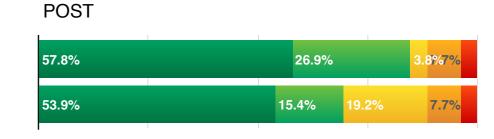
mostly

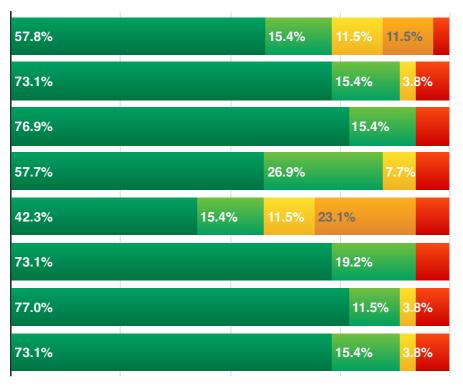
I feel a strong connection to my community

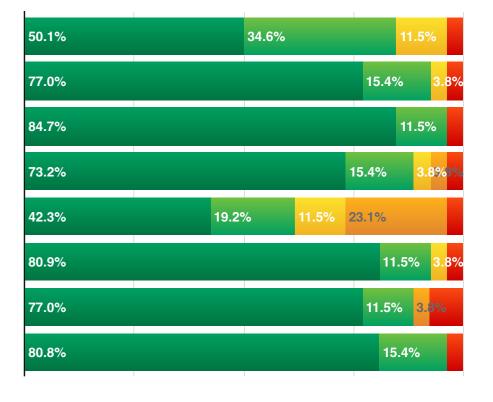
Cultural Responsiveness (n=26)

- I know about people of other cultures, races or ethnic groups
 - I care about young people of other cultures, races or ethnic groups
 - I have respect for young people of other cultures, races or ethnic groups
- I feel comfortable with young people of other cultures, races or ethnic groups
- I talk to young people who speak languages other than my own
- I respect members of my own cultural, racial or ethnic community
- I understand that someone who looks or sounds different than me may not be that different after all
 - I feel comfortable being around young people who look or sound different than me

kind of			
no blank			PRE
38.5%	30.8%	26.9%	3.8%
30.8%	34.6%	23.1%	7.7% <mark>3.</mark> 8%







Community Involvement <u>(n=37)</u>

I am important to my community

I feel a strong connection to my community

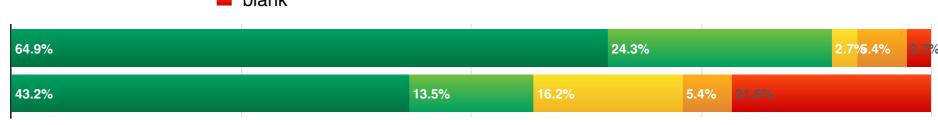
Cultural Responsiveness

<u>(n=37)</u>

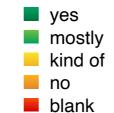
- I know about people of other cultures, races or ethnic groups
 - I care about young people of other cultures, races or ethnic groups
 - I have respect for young people of other cultures, races or ethnic groups
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- I talk to young people who speak languages other than my own

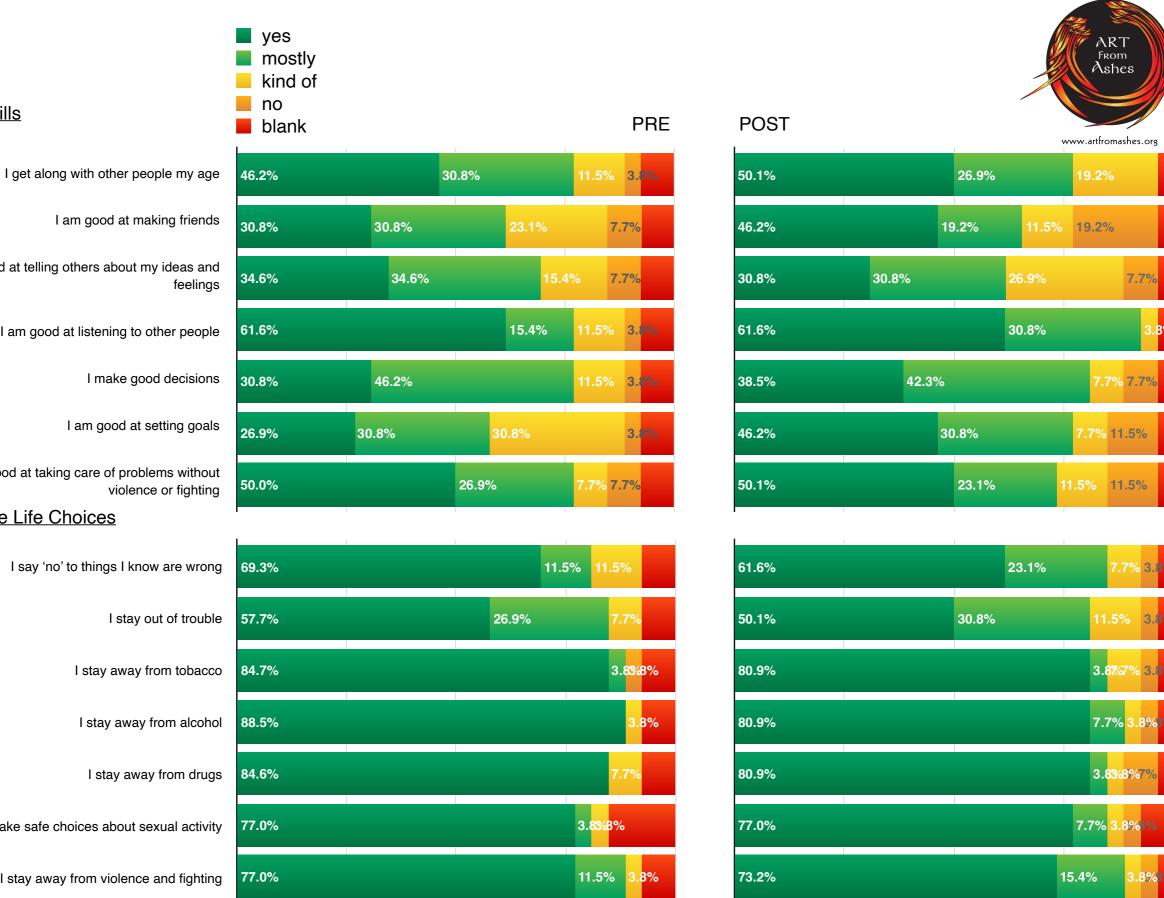
- I respect members of my own cultural, racial or ethnic community
- I understand that someone who looks or sounds different than me may not be that different after all
 - I feel comfortable being around young people who look or sound different than me

40.5%	29.7%			8.1%			
59.5%			10.8%	8.1%			
64.9%			8.1%	2.7%	, >		
56.8%		13.	.5%	5.4% 2	2.7%		
35.1%	13.5% 1	0.8%	18.9%				
62.2%			8.1%	5.4%			
81.1%						10.8%	<mark>2.7</mark> %
64.9%			13.5%				









7.7%

Life Skills (n=26)

I am good at making friends

I am good at telling others about my ideas and

I am good at listening to other people

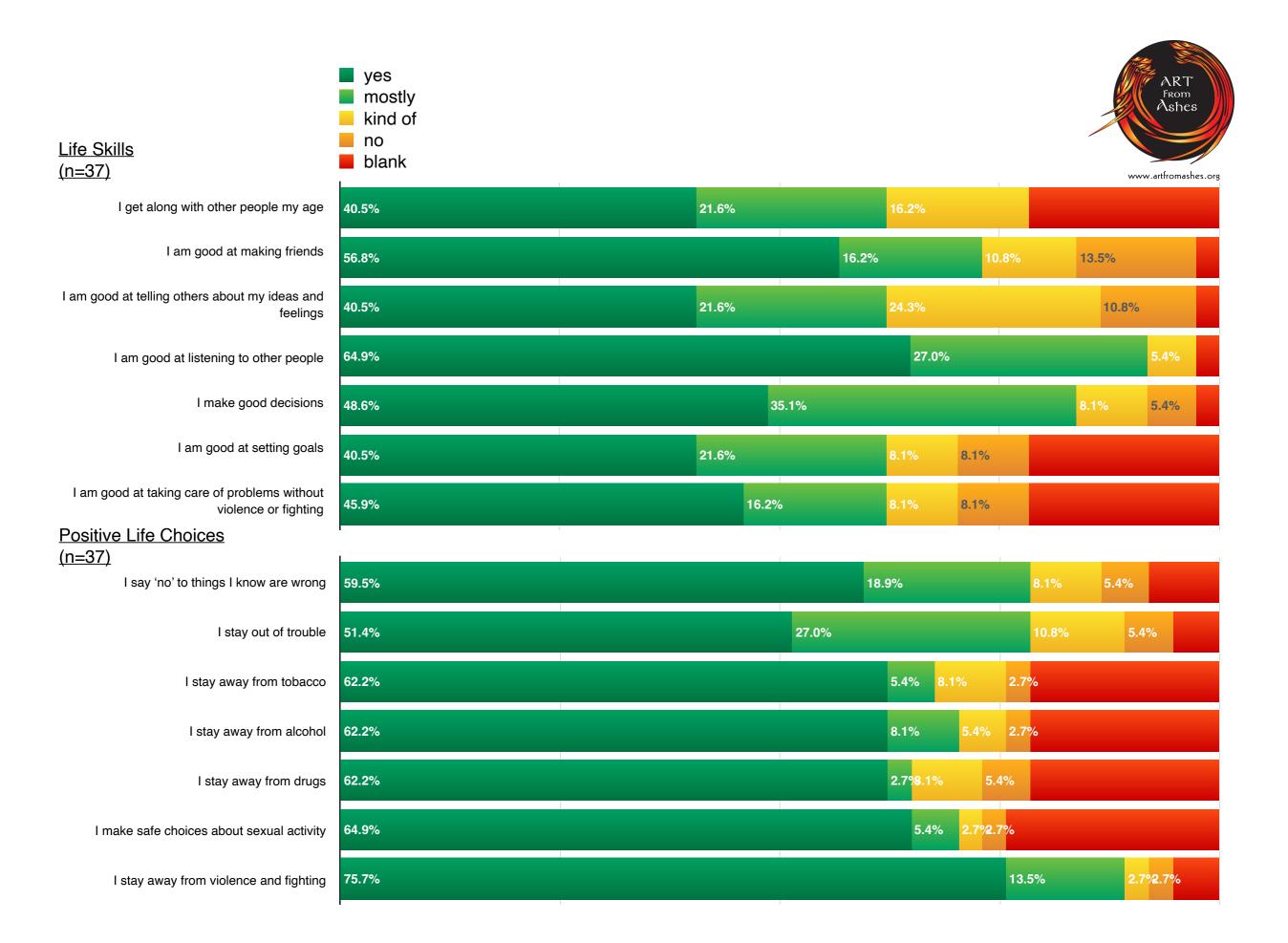
I am good at taking care of problems without

Positive Life Choices

<u>(n=26)</u>

I make safe choices about sexual activity

I stay away from violence and fighting





 77.0%
 19.2%

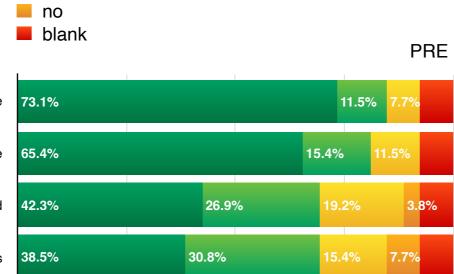
 77.0%
 19.2%

 53.9%
 34.7%
 3.8%

 38.5%
 53.9%
 3.8%

POST

57.7%		30.8	8%		7.7%
50.1%		26.9%		15.4%	3.8%
50.0%		23.1%	1	5.4%	7.7%
61.6%		2	27.0%		3.8% 3%
53.9%		38.5%			3.8%
48.0%	4	4.0%			4.0%



61.6%		19.2%	7.7%
50.0%	23	8.1%	3.87%7%
46.2%	26.9°	%	11.5% 3.8%
53.9%		19.2%	11.5%
53.9%		23.1%	11.5%
46.2%	34.69	%	3.83%8%

Core Values (n=26)

I care about other people	73.
I care about the feelings of other people	65. [,]
I tell the truth even when it is hard	42.

yesmostly

kind of

I am interested in community and world problems

Sense of Self (n=26)

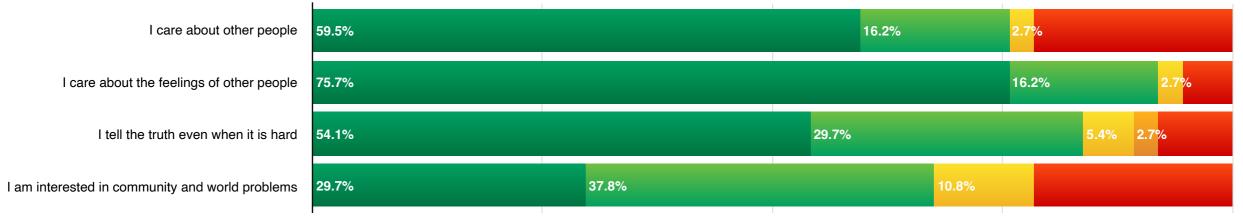
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61.6	I feel good about myself
50.0	I feel that I have control over things that happen to me
46.2	I feel that I can make a difference
53.9	am good at learning new things I didn't think I could do before
53.9	I feel good about my future
	I am good at handling whatever comes my

way

yes
mostly
kind of
no
blank

Core Values (n=37)



Sense of Self (n=37)

	1		1	
I feel good about myself	59.5%		27.0%	8.1%
I feel that I have control over things that happen to me	40.5%	18.9%	13.5% 5.4	%
I feel that I can make a difference	37.8%	18.9%	16.2% 5.4	%
I am good at learning new things I didn't think I could do before	62.2%		27.0%	2.7%.7%
I feel good about my future	45.9%	29.7%	6	2.7%
I am good at handling whatever comes my way	37.8%	32.4%	5.4%	2.7%



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Program Quality & Satisfaction (n=37)

	1			
able at Art from Ashes workshops	67.6%	21.6%		10.8%
ning to Art from Ashes workshops	62.2%	18.9%	<mark>16.2%</mark>	<mark>2.7</mark> %
safe at Art from Ashes workshops	73.0%		16.2%	10.8%
Facilitators care about me	83.8%		10.8%	6 <mark>2.72.7</mark> %
acilitators give me lots of support	73.0%		21.6%	<mark>2.7%2.7</mark> %
Facilitators can be trusted	73.0%		21.6%	<mark>5.4%</mark>
litators listen to what I have to say	83.8%		13.5%	6 <mark>2.7</mark> %
Facilitators treat all kids fairly	78.4%		16.2%	<mark>2.7%2.7</mark> %
	1		1	I

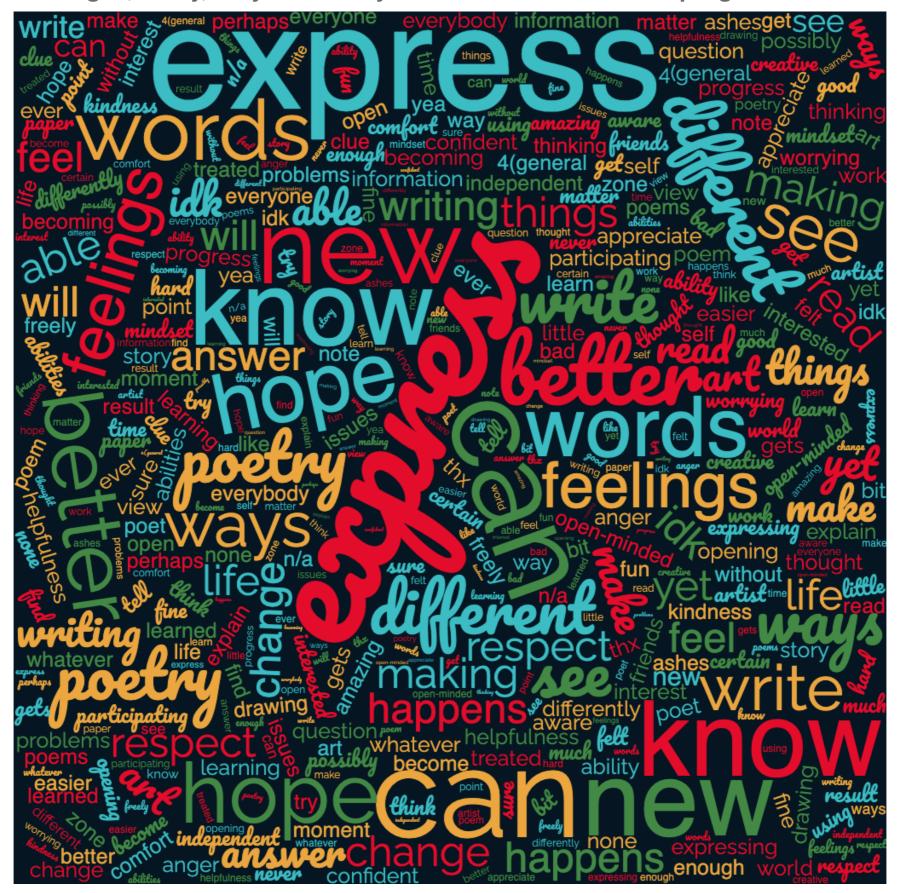
The activities are fun/enjoyable at Art from Ashes workshops
I like coming to Art from Ashes workshops
I feel safe at Art from Ashes workshops
Facilitators care about me
Facilitators give me lots of support
Facilitators can be trusted
Facilitators listen to what I have to say
Facilitators treat all kids fairly

Post-test - What changes, if any, do you hope to see in your life as a result of this program?

Learn how to express myself a little more	Like I can write more freely in poetry
In my life I hope to see myself change in the way of making new friends, learning new	I think it would be amazing.
writing abilities, and having fun in new ways.	I can be myself without worrying
Being a bit more open about certain things.	No, I did not.
Whatever happens, happens.	I work hard and try to get out of my comfort zone appreciate life and the world.
NOTE:	I see myself opening up more.
2e. I know I can but I'm bad with words.	It's ok; It's fine as is.
4(general). To me everybody should be treated with respect no matter what.	
Come now things	I felt more confident than ever
Some new things	Writing more
My art gets better and I have a different drawing mindset	Being self aware and possibly thinking too much.
I don't have enough information to answer this question.	I've learned to express my feelings differently. Using different words. Ways that make me feel good.
I can explain myself.	I don't know never thought about it.
I become more independent.	IDK.
Yea	Being more open-minded
N/A at the moment THX!	I don't know
IDK	More time to write the poem and read more.
NO	No clue.
I hope I will be able to express my feelings through words and poetry.	
Not sure yet.	
I hope to see progress on my anger issues and expressing my feelings	
I don't have an answer to that yet.	
Becoming a better poet artist	
I don't know.	
To read more and tell more about your problems.	
More kindness, respect, and helpfulness.	
I hope to find new interest and be more interested in poetry.	
No.	
Perhaps.	
I could change that I have in myself and write poems.	
Better ability to express on paper.	
Making a story that will make everyone have a different point of view.	
I can express myself easier	
None.	
Being able to know how to express myself through words.	
As a result of participating in Art from Ashes, I feel that I can better express myself in creative ways.	



Post-test - What changes, if any, do you see in your life as a result of this program?



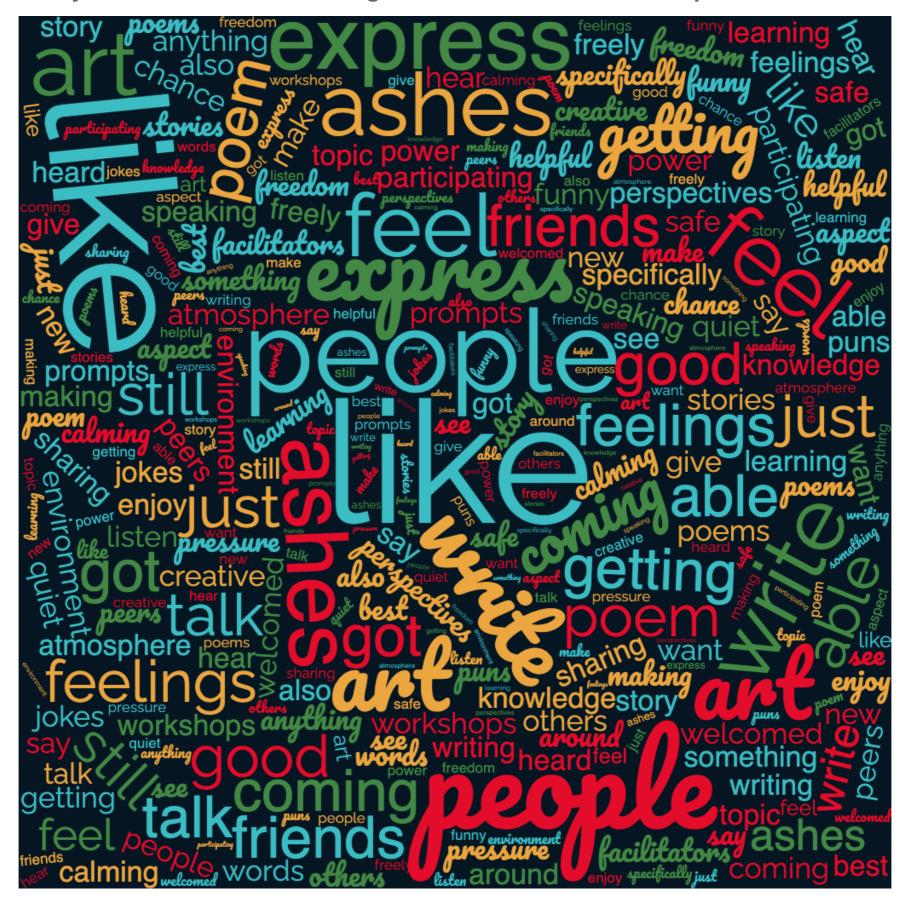


Post-test - What do you like best about coming to Art from Ashes workshops?

I like the people there I feel safe there.		
What I like best about Art from Ashes is that you write poems about how you feel.		
Talk to people and make friends.		
Good environment.		
Getting the knowledge of making more stories.		
It's quiet		
Being able to be creative freely		
The chance to be me in my own words.		
Being able to express myself and hear others express themselves.		
I enjoy the writing aspect of Art from Ashes, specifically, the prompts.		
The jokes and puns.		
Good and funny people.		
I like about coming to Art from Ashes workshops is participating in it.		
I got to express my feelings and I feel welcomed also they don't pressure me if I don't want to talk about my poem		
Just the power of doing anything in my poem.		
Just on coming in and learning something new.		
Perspectives and speaking out.		
I like the freedom but still they still give us a topic to write about.		
I like to be heard and to listen to what people got to say.		
I like being around friends and peers.		
It has a calming atmosphere.		
Like sharing about my feelings and write more about story.		
Getting to see helpful facilitators.		
I like the people there I feel safe there.		



Post-test - What do you like best about coming to Art from Ashes workshops?





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Post-test - If you could change one thing at Art from Ashes workshops, what would it be?

Nothing Llike it	
Nothing. I like it.	
If I could change one thing from Art from Ashes is writing words about how we express our life, emotions.	
Nothing.	
Getting more time to make more poems.	
What we do, I love poetry, I just wish we could actually draw sometimes	
Needs to be here more than once a week. :(
I think it's great how many people were willing to express themselves.	
I would not change anything about Art from Ashes. However, I would love to see more longer meetings.	
Nothing they the best	
No clue.	
Nap times and all you can eat sushi	
I would change about is made other poems from videos or from teachers too.	
Nothing, honestly I'm liking this club, and the people here are so kind and I like hearing other people's poem	
None.	
ldk	
Nothing really it's good as it is.	
Nothing	
Nothing.	
The speaking out to the class because I have a hard time getting people with my thoughts and emotions.	
Nothing.	
More time to write about story and read more and I will miss this so much.	
No clue.	



Post-test - If you could change one thing at Art from Ashes workshops, what would it be?

