



Program Evaluations Analysis

Phoenix Rising

Community-Based and Online Youth Empowerment Workshops

2023

Pre/Post Cohort

Art from Ashes exists to empower struggling youth by providing creative programs that facilitate health and hope through expression, connection and transformation.

Scope of Study

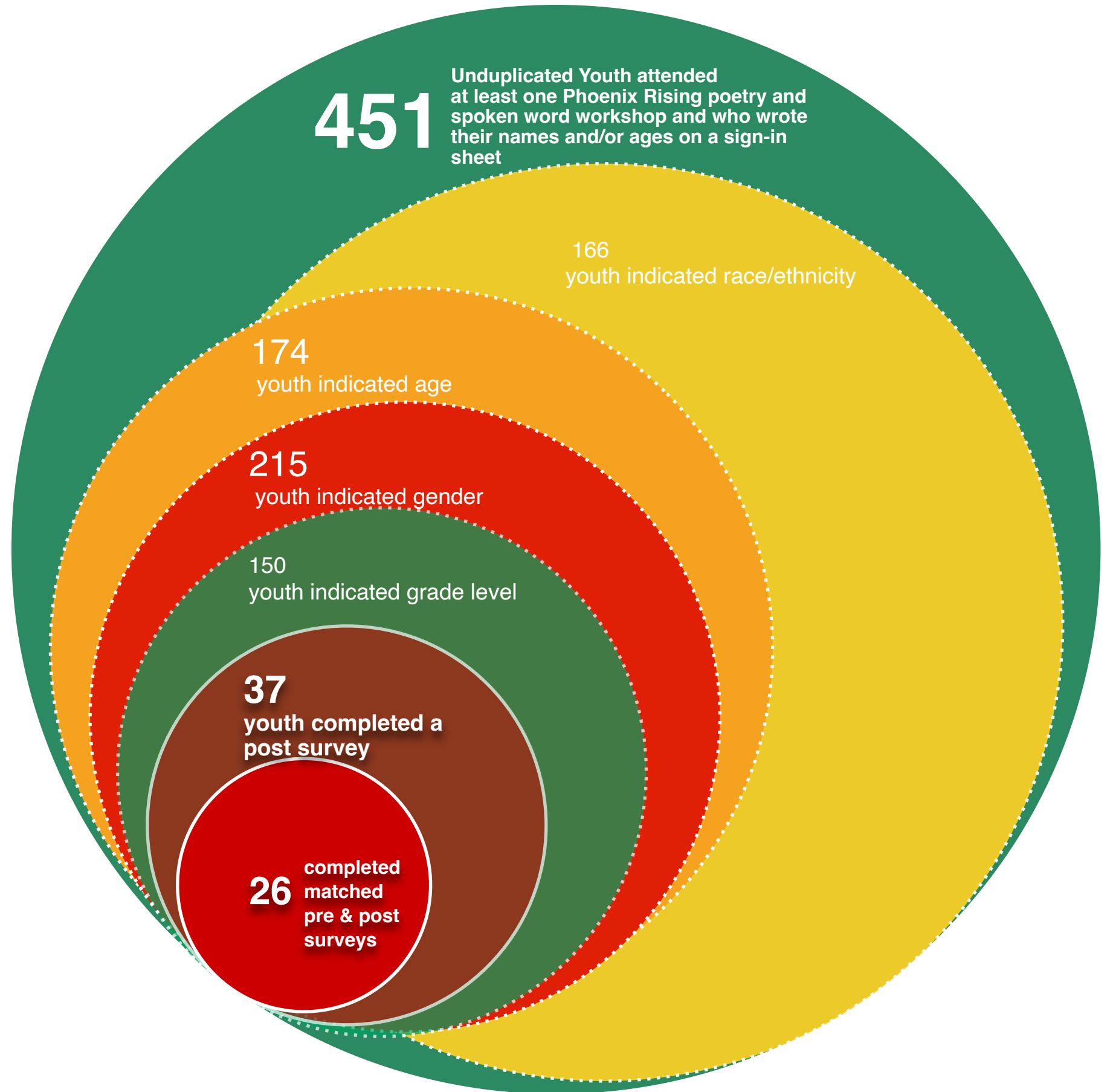
The following visualizations present demographic, dosage and fidelity data regarding **570** unduplicated youth participants who attended **Art from Ashes Phoenix Rising** youth empowerment program workshops and presentations throughout **2023**.

451 unduplicated youth completed intake forms, providing individual demographic information.

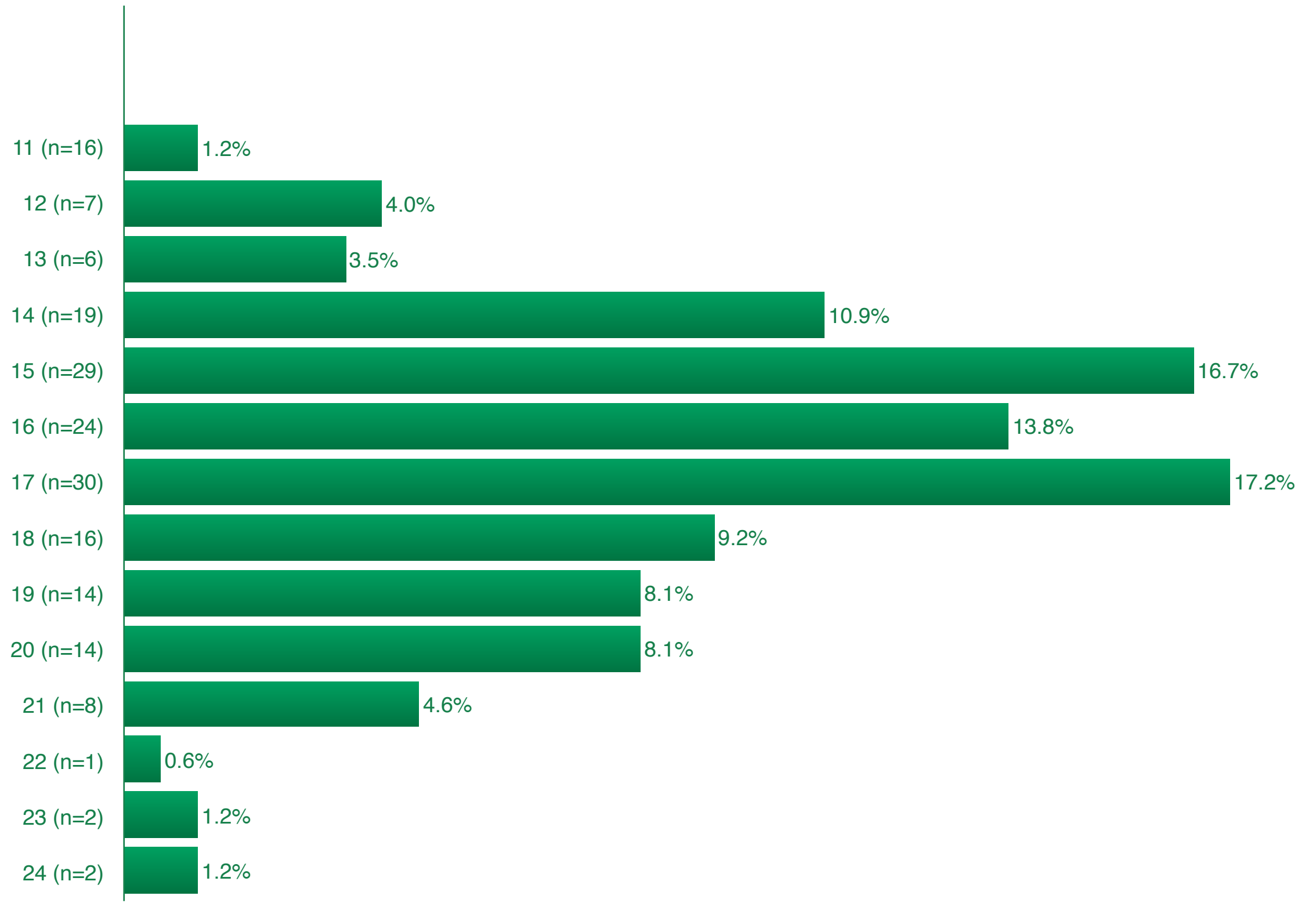
37 unduplicated youth, or **6.5% of total youth served** completed a post or post-only survey; and **26** unduplicated youth, or **4.6% of total youth served**, completed pre and post surveys, providing self-reported Likert-scale responses to questions in the following domains of inquiry:

- Program Quality & Satisfaction
- Academic Success
- Arts & Culture
- Community Involvement
- Cultural Responsiveness
- Life Skills
- Positive Life Choices
- Core Values
- Sense of Self

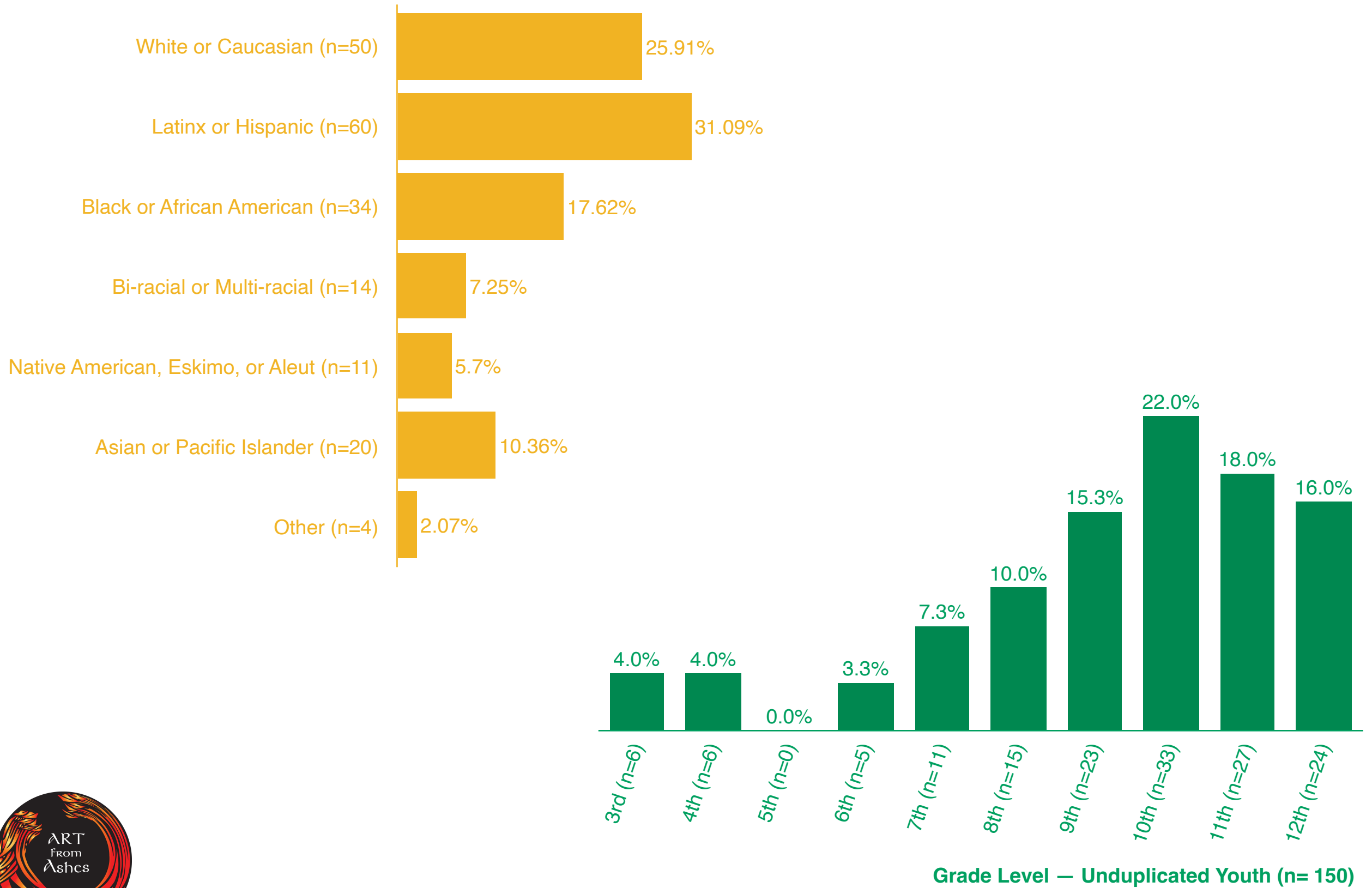
Survey questions for this study are sourced from the **National Research Center's Youth Outcomes Toolkit**, provided to **Art from Ashes** as a component of participation in the Denver-based **Colorado Alliance for Creative Youth**, in partnership with **Colorado Creative Industries**.



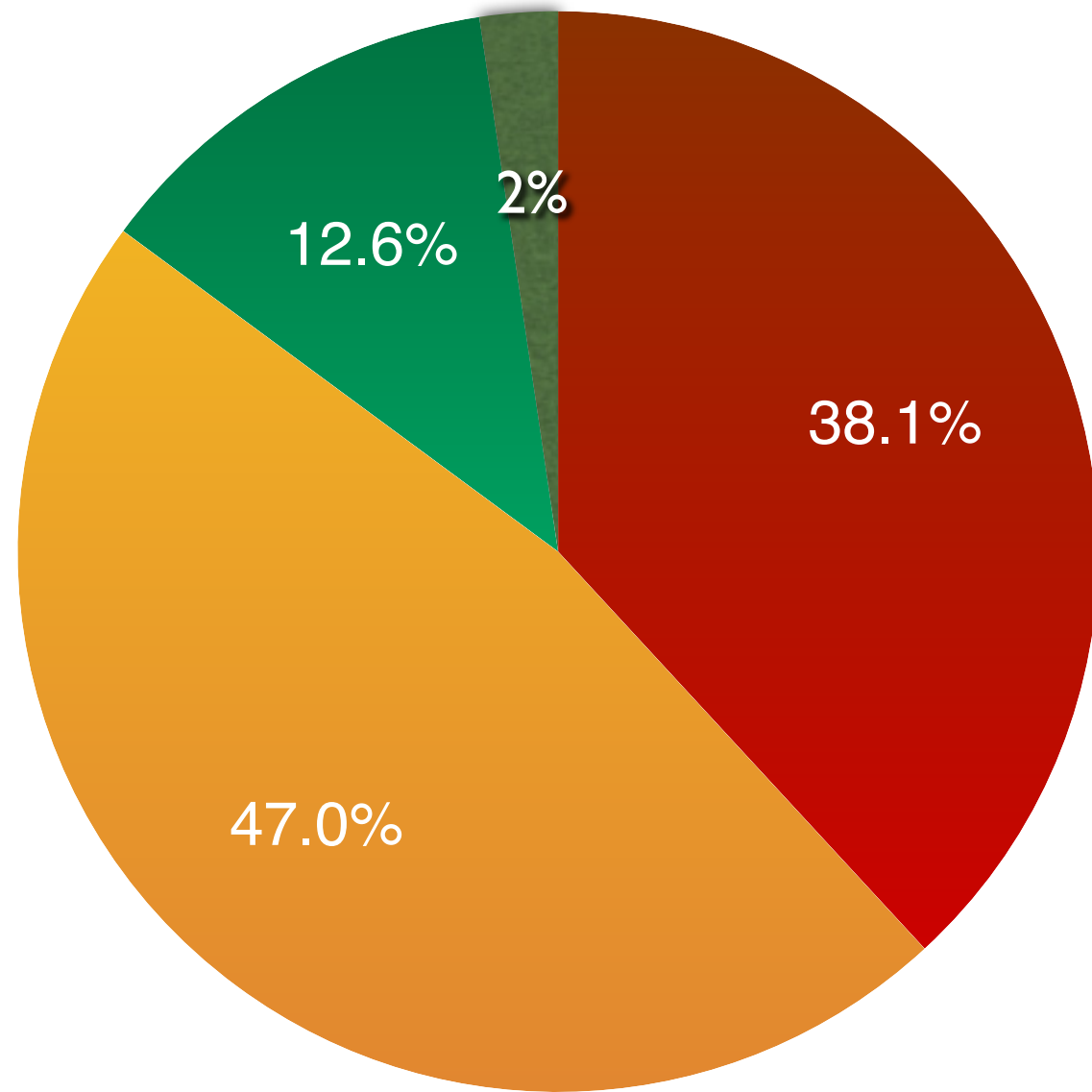
Age - Unduplicated Youth (n= 174)



Race/Ethnicity — Unduplicated Youth (n=166) — youth may choose more than one response



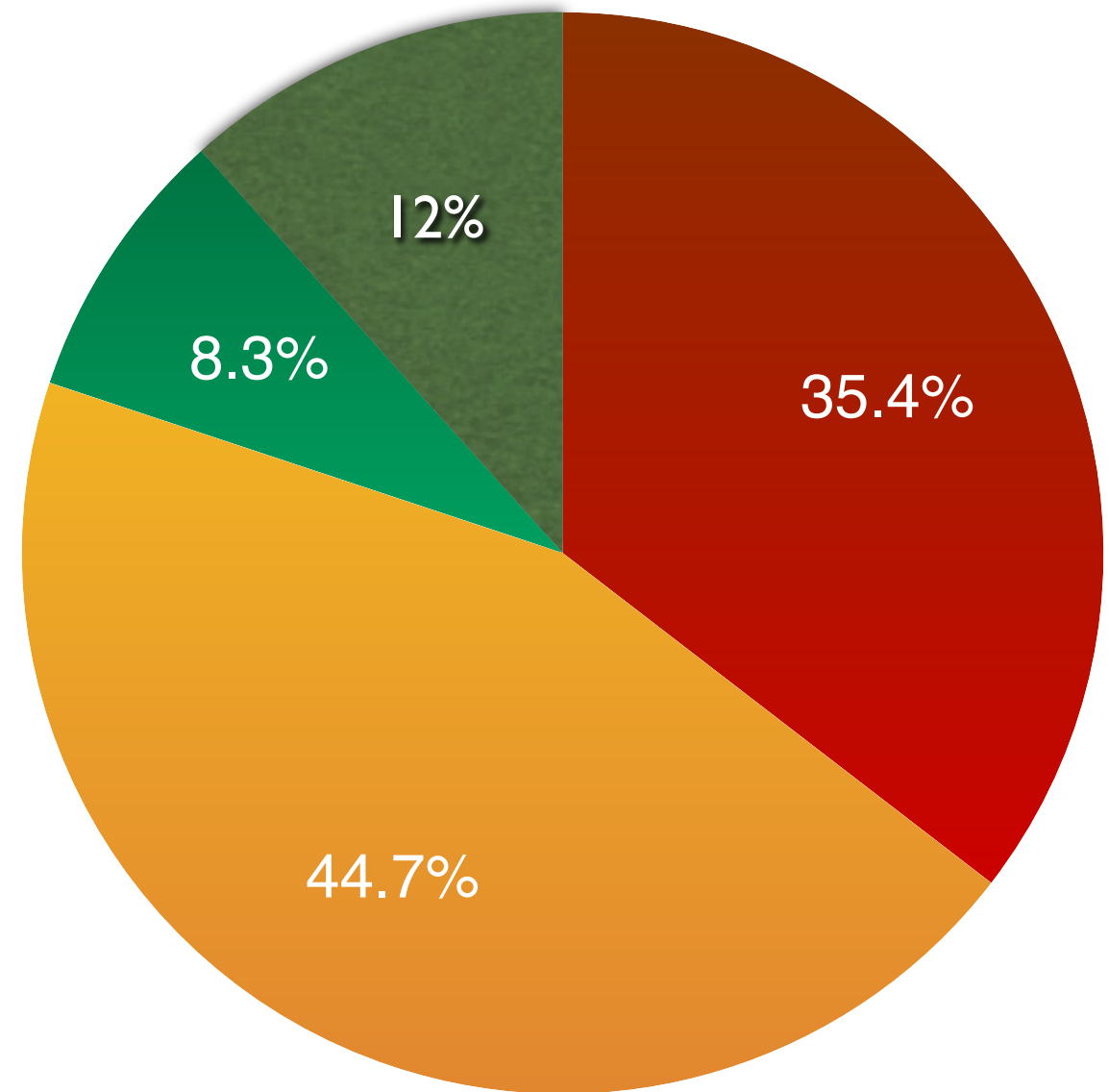
Gender — Unduplicated Youth (n= 215)



- Boy/Male
- Girl/Female
- Non-Binary
- Other

20 young people, or **60.6%** of 33 youth voluntarily self-identified as LGBTQ+

Pronouns (n= 206)



- He/Him
- She/Her
- They/Them
- Other

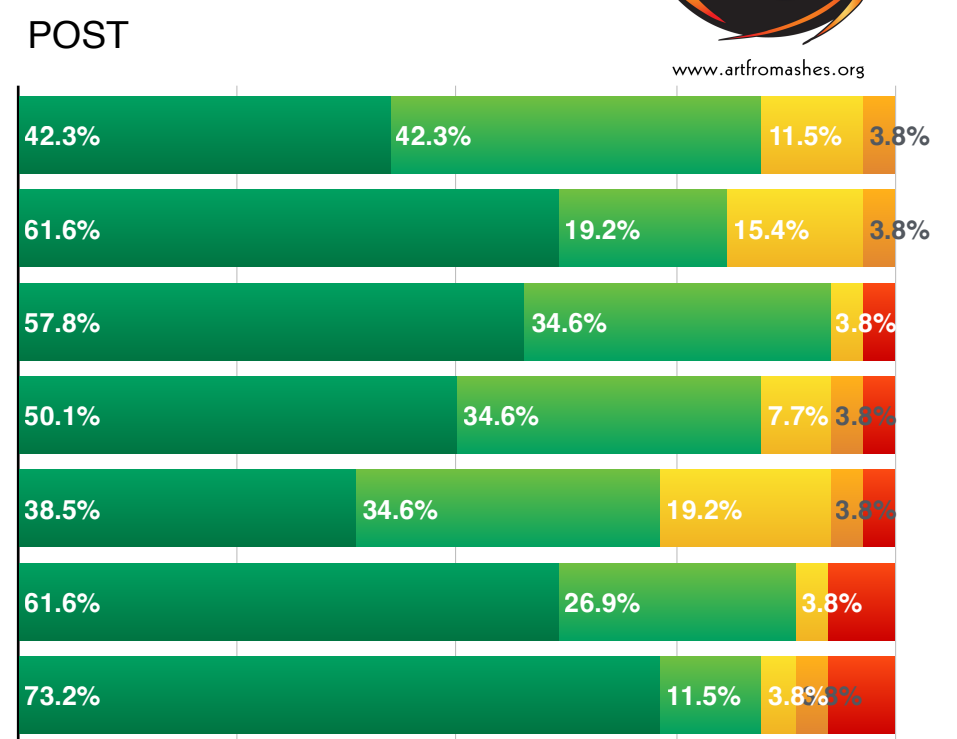
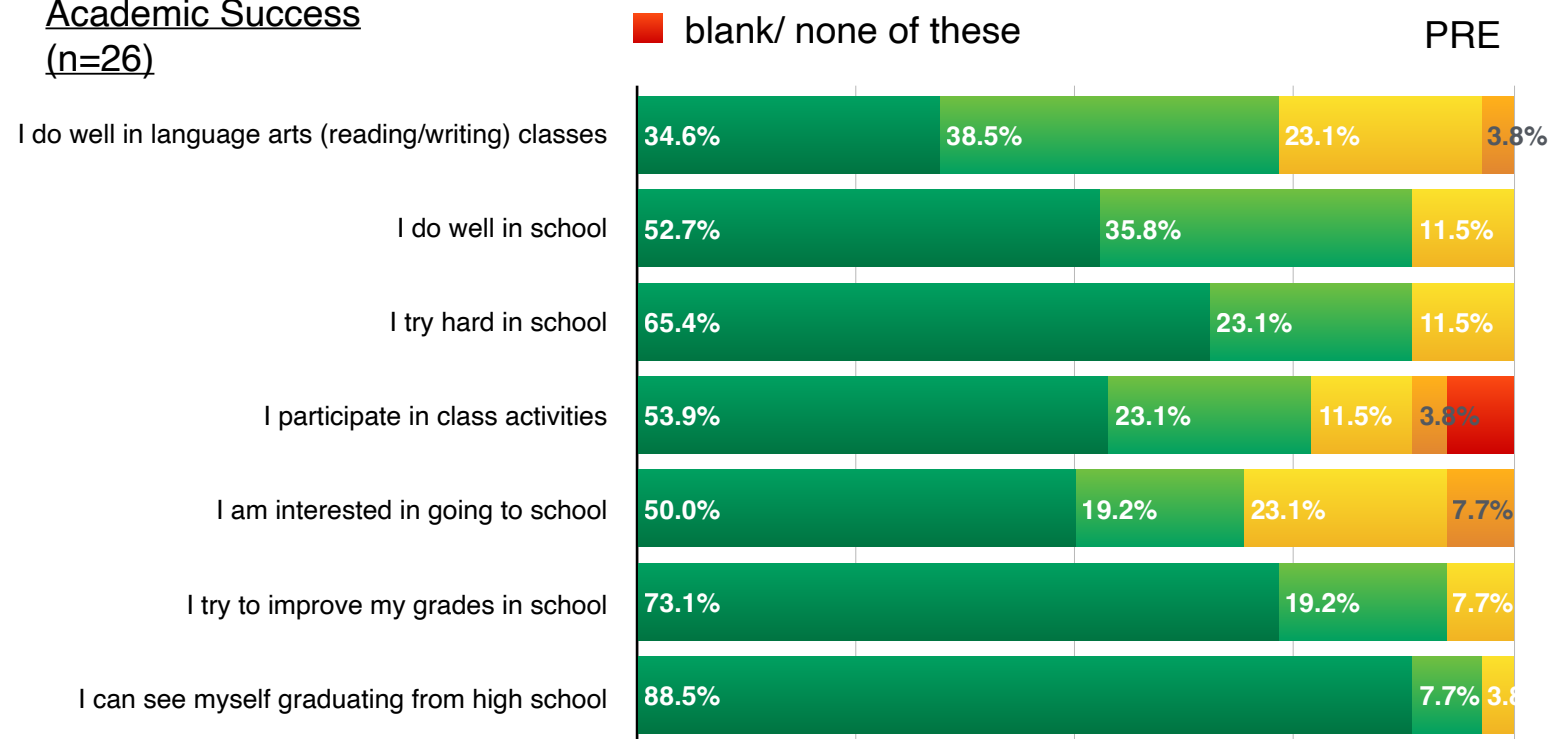




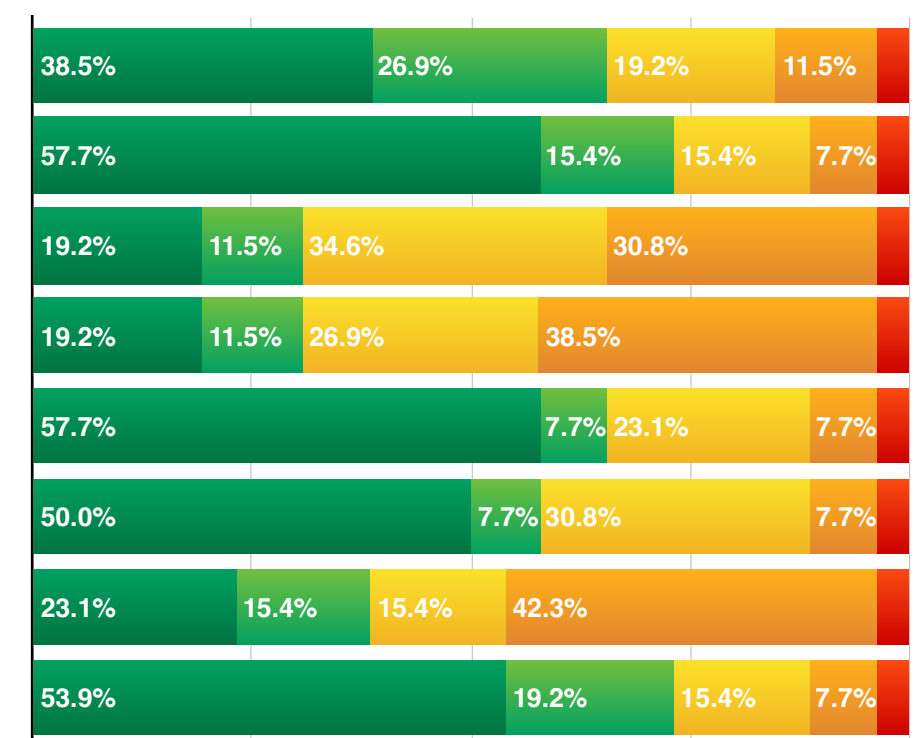
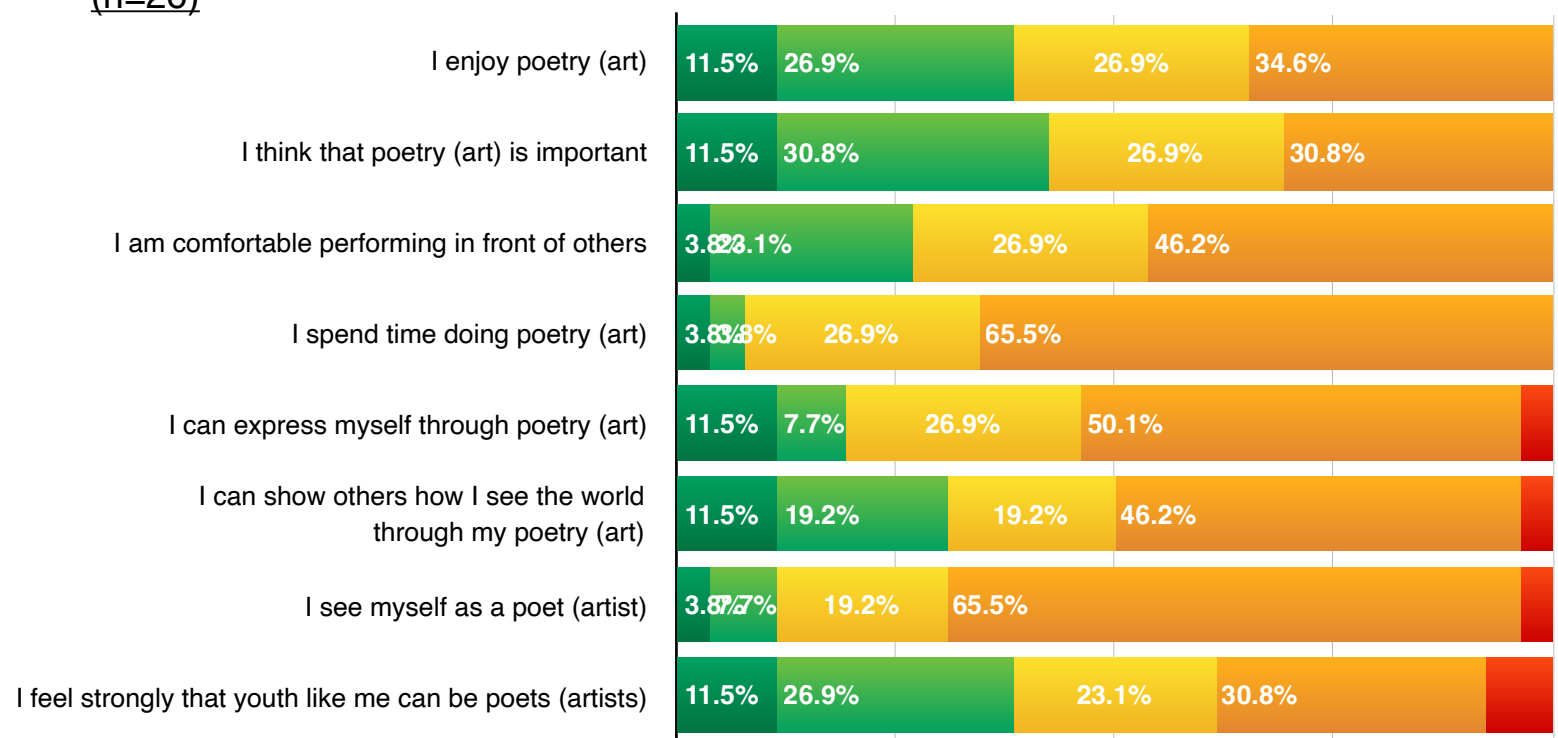
www.artfromashes.org

Academic Success
(n=26)

- yes
- mostly
- kind of
- no
- blank/ none of these



Arts & Culture
(n=26)

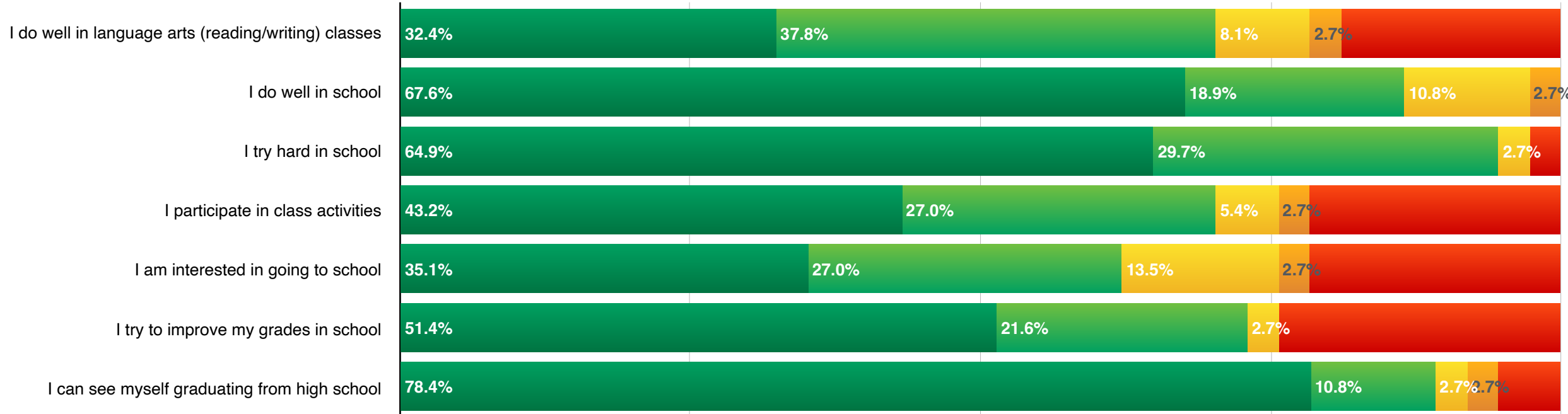




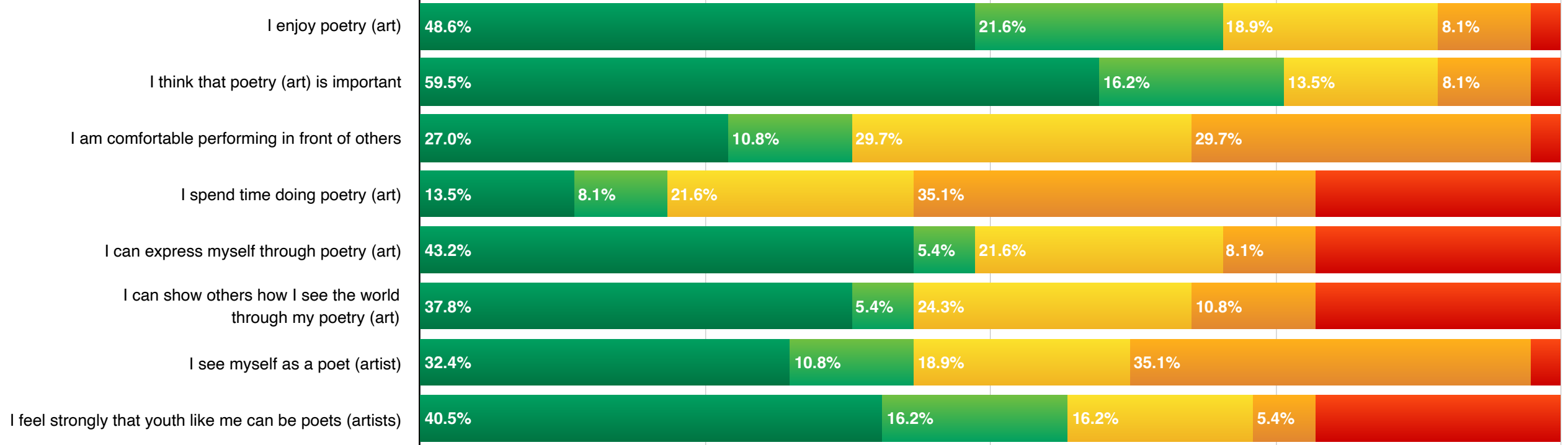
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Academic Success
(n=37)



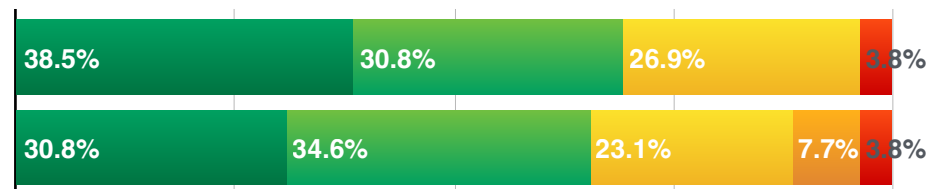
Arts & Culture
(n=37)



■ yes
■ mostly
■ kind of
■ no
■ blank

Community Involvement (n=26)

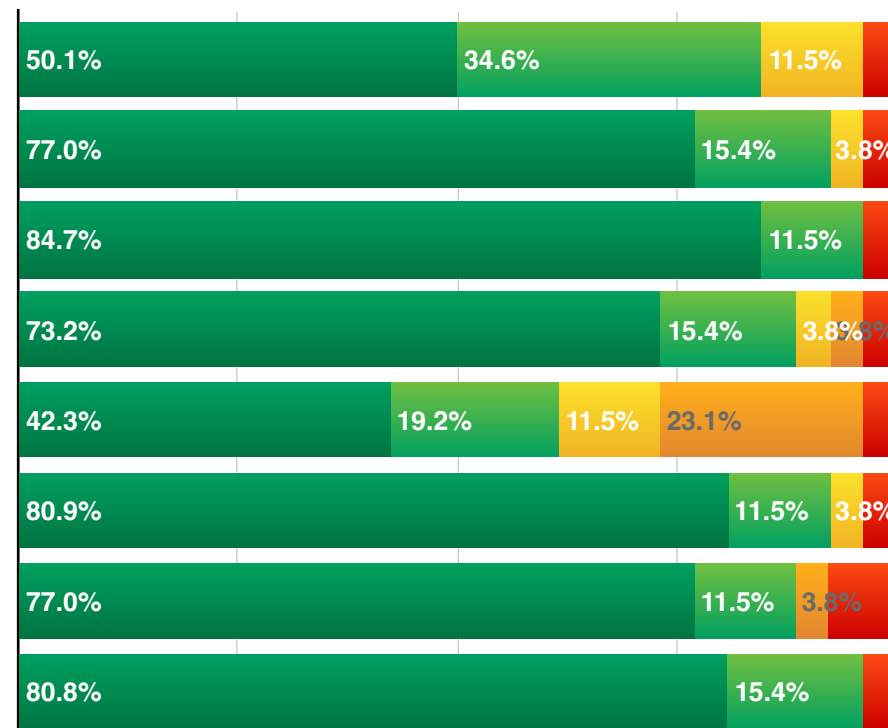
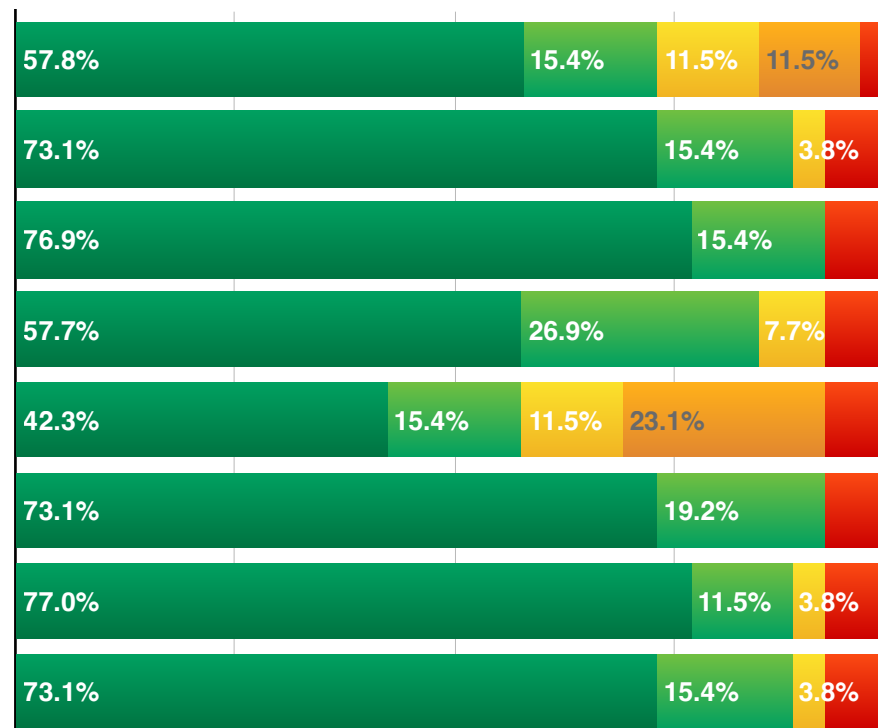
I am important to my community



POST

Cultural Responsiveness (n=26)

I know about people of other cultures, races or ethnic groups
 I care about young people of other cultures, races or ethnic groups
 I have respect for young people of other cultures, races or ethnic groups
 I feel comfortable with young people of other cultures, races or ethnic groups
 I talk to young people who speak languages other than my own
 I respect members of my own cultural, racial or ethnic community
 I understand that someone who looks or sounds different than me may not be that different after all
 I feel comfortable being around young people who look or sound different than me





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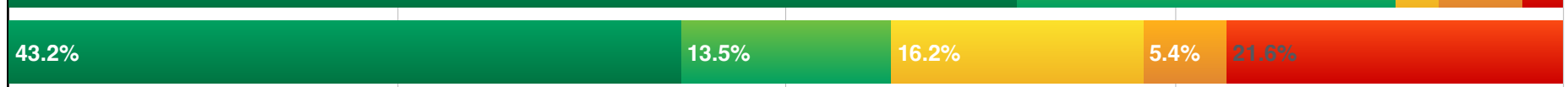


Community Involvement
(n=37)

I am important to my community



I feel a strong connection to my community



Cultural Responsiveness
(n=37)

I know about people of other cultures, races or ethnic groups



I care about young people of other cultures, races or ethnic groups



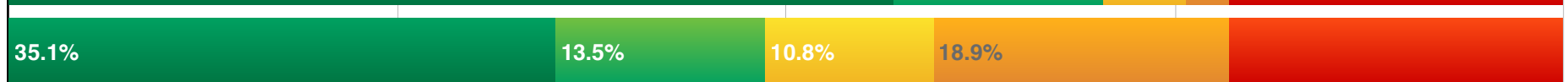
I have respect for young people of other cultures, races or ethnic groups



I feel comfortable with young people of other cultures, races or ethnic groups



I talk to young people who speak languages other than my own



I respect members of my own cultural, racial or ethnic community



I understand that someone who looks or sounds different than me may not be that different after all



I feel comfortable being around young people who look or sound different than me





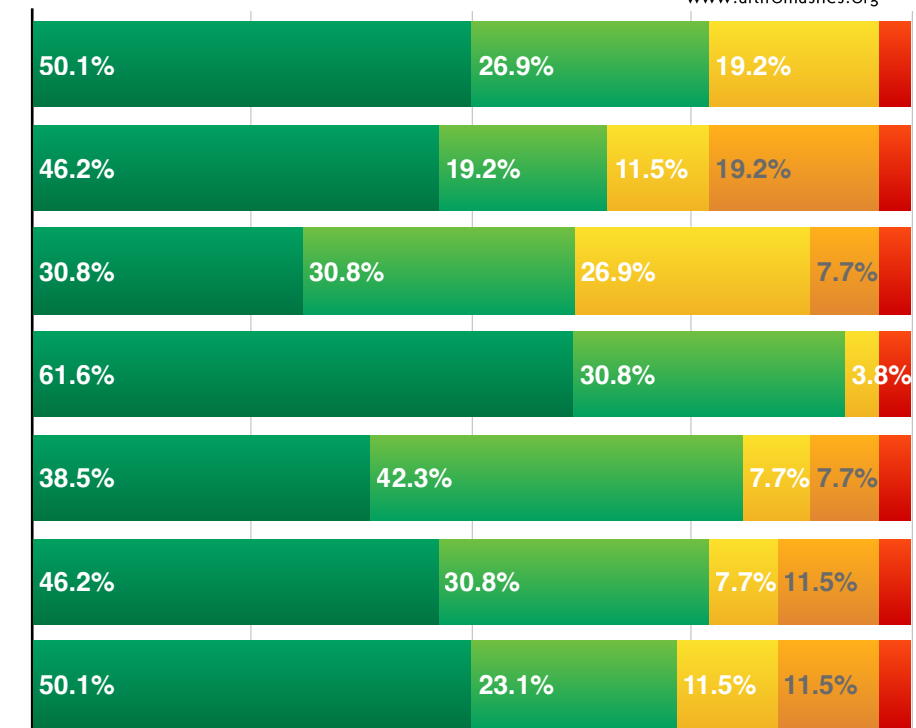
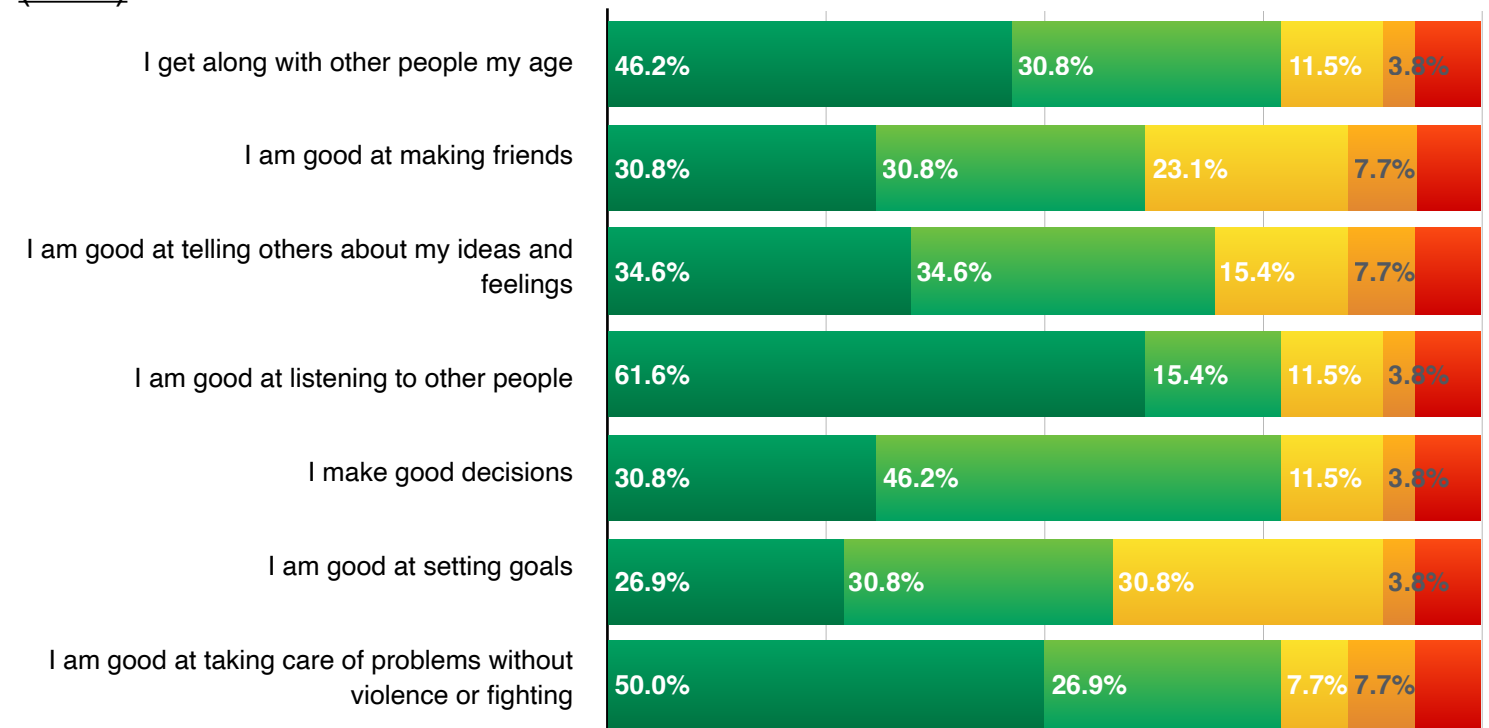
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Life Skills
(n=26)

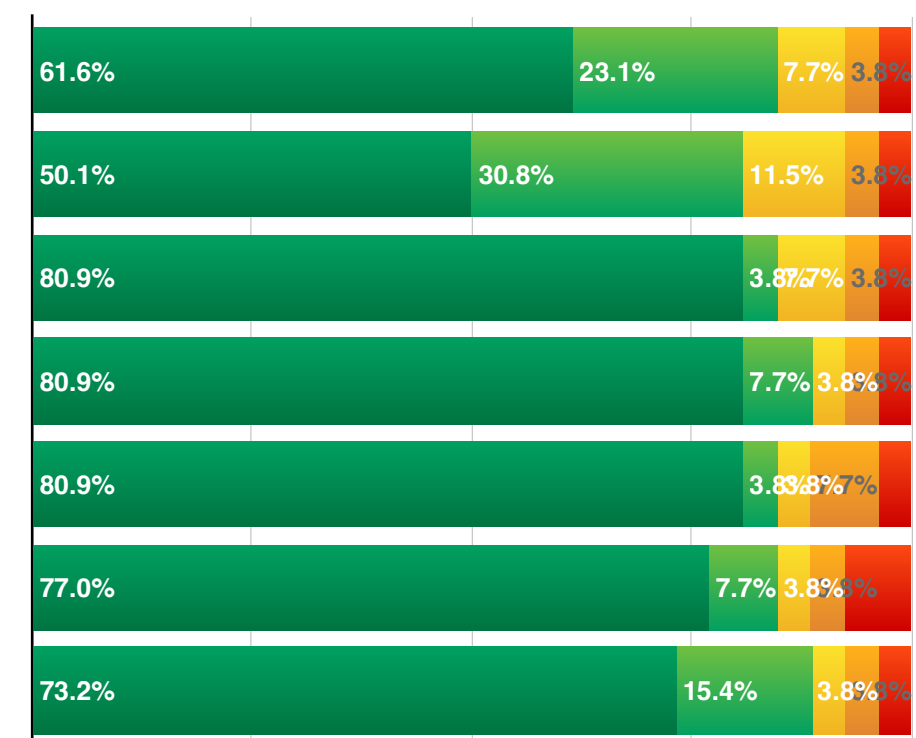
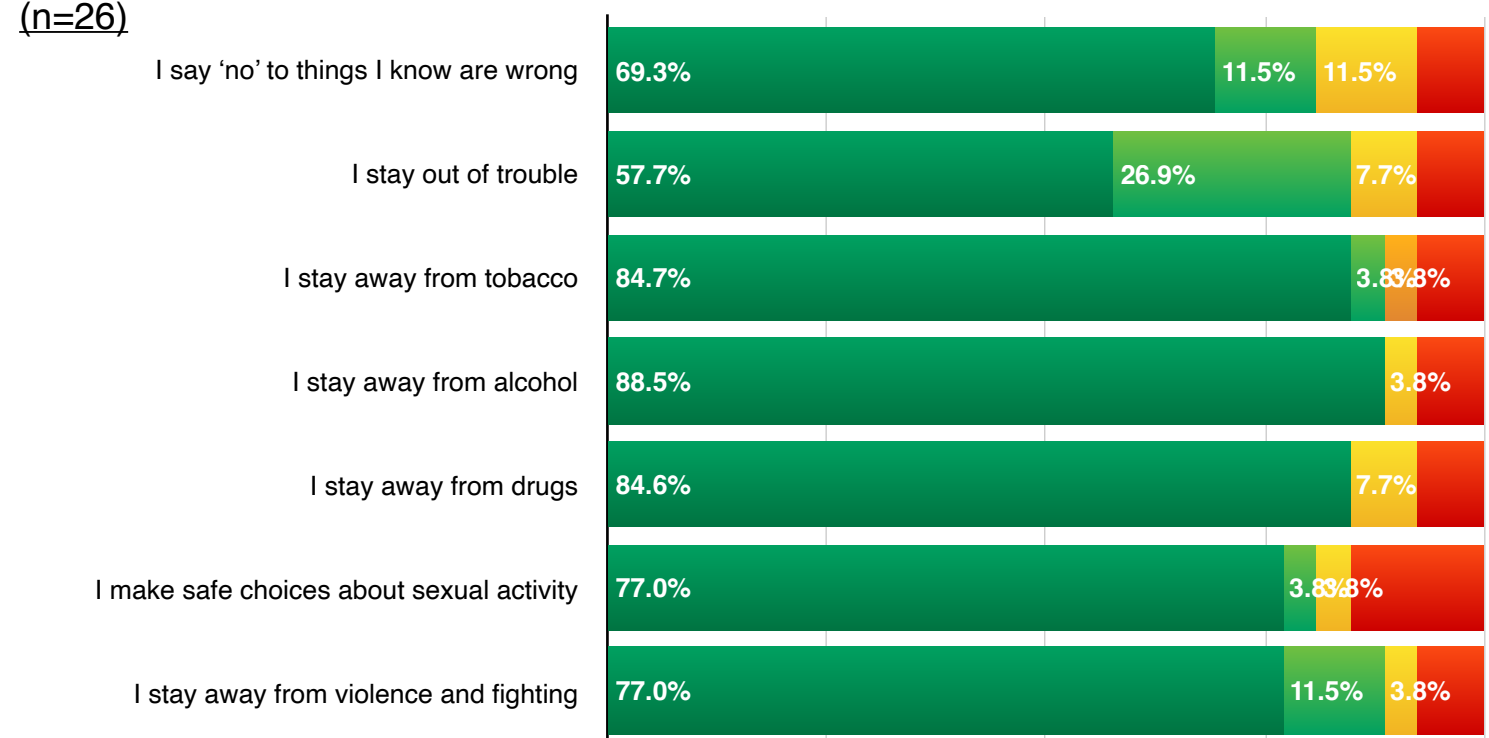
■ yes
■ mostly
■ kind of
■ no
■ blank

PRE

POST



Positive Life Choices
(n=26)

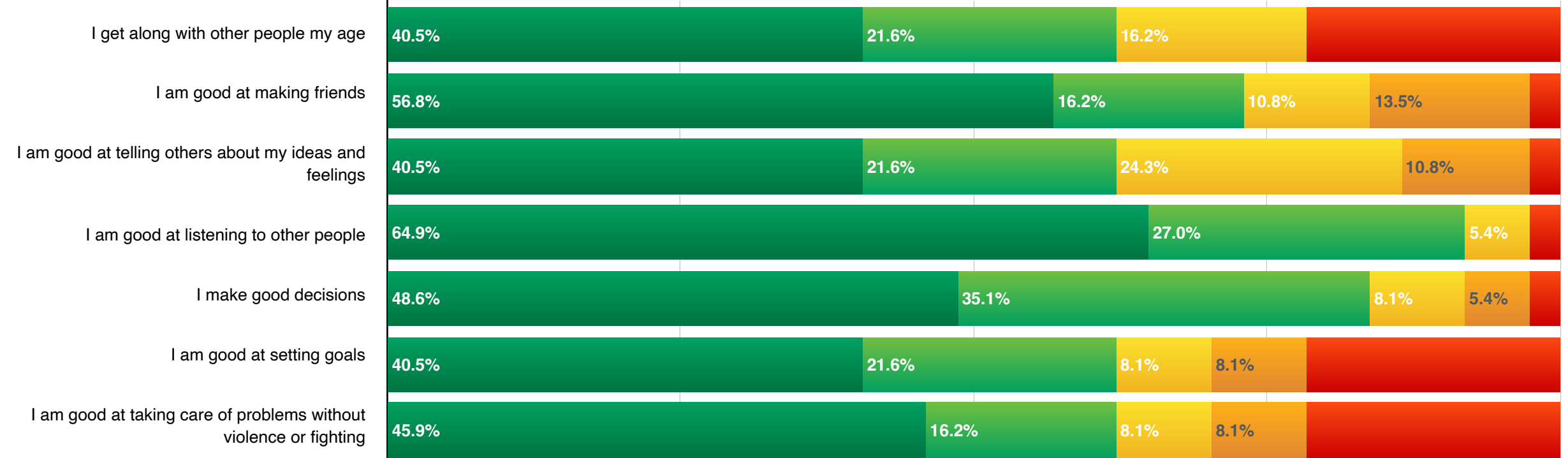




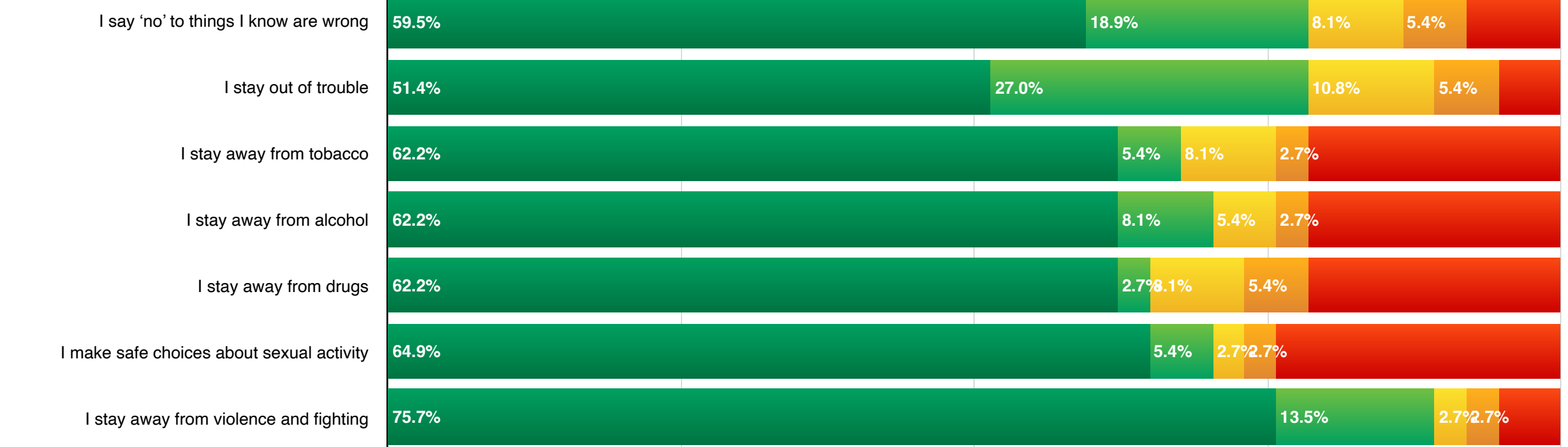
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- yes
- mostly
- kind of
- no
- blank

Life Skills
(n=37)

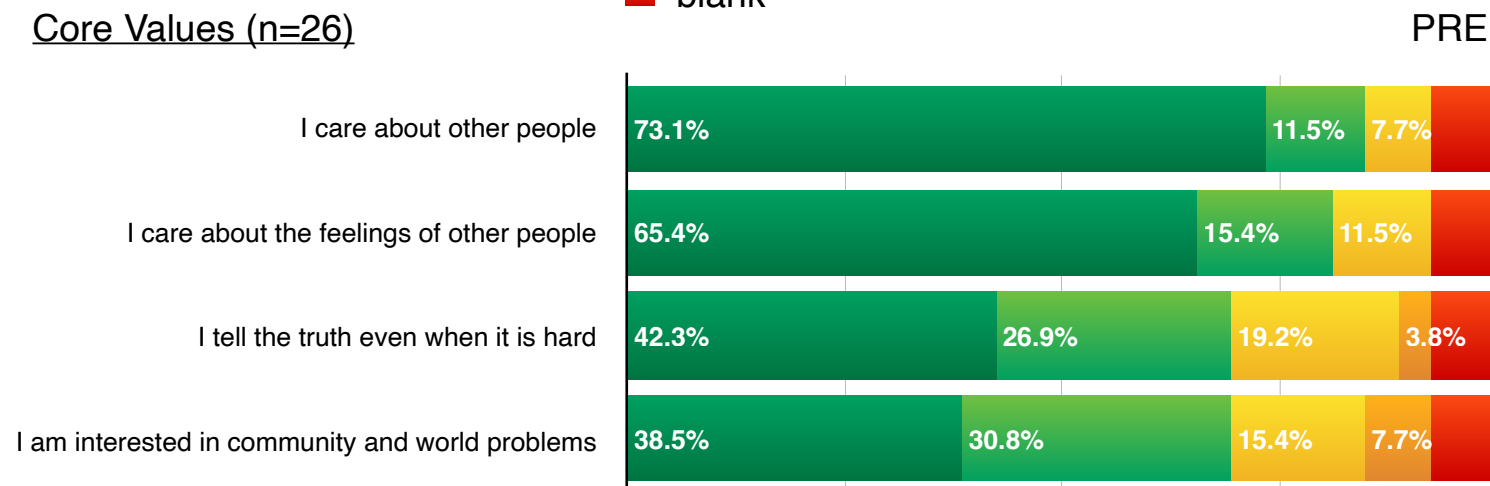


Positive Life Choices
(n=37)

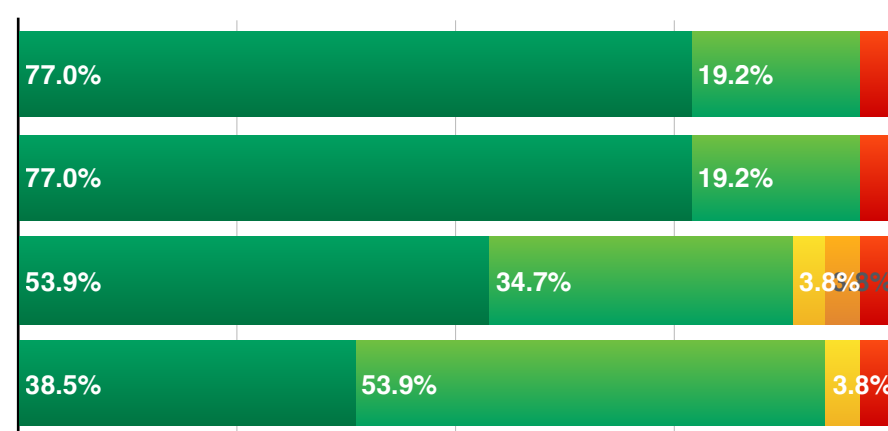


■ yes
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■ kind of
■ no
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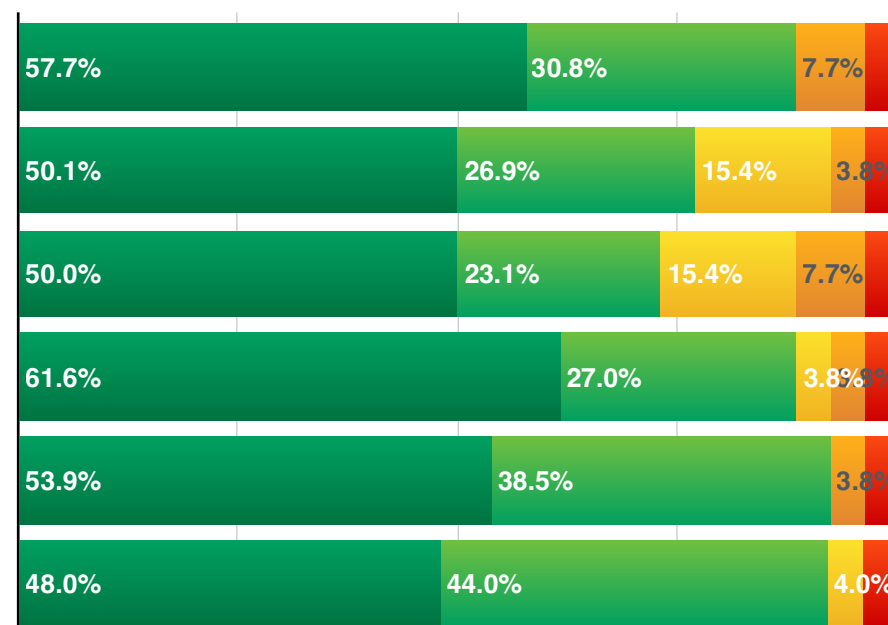
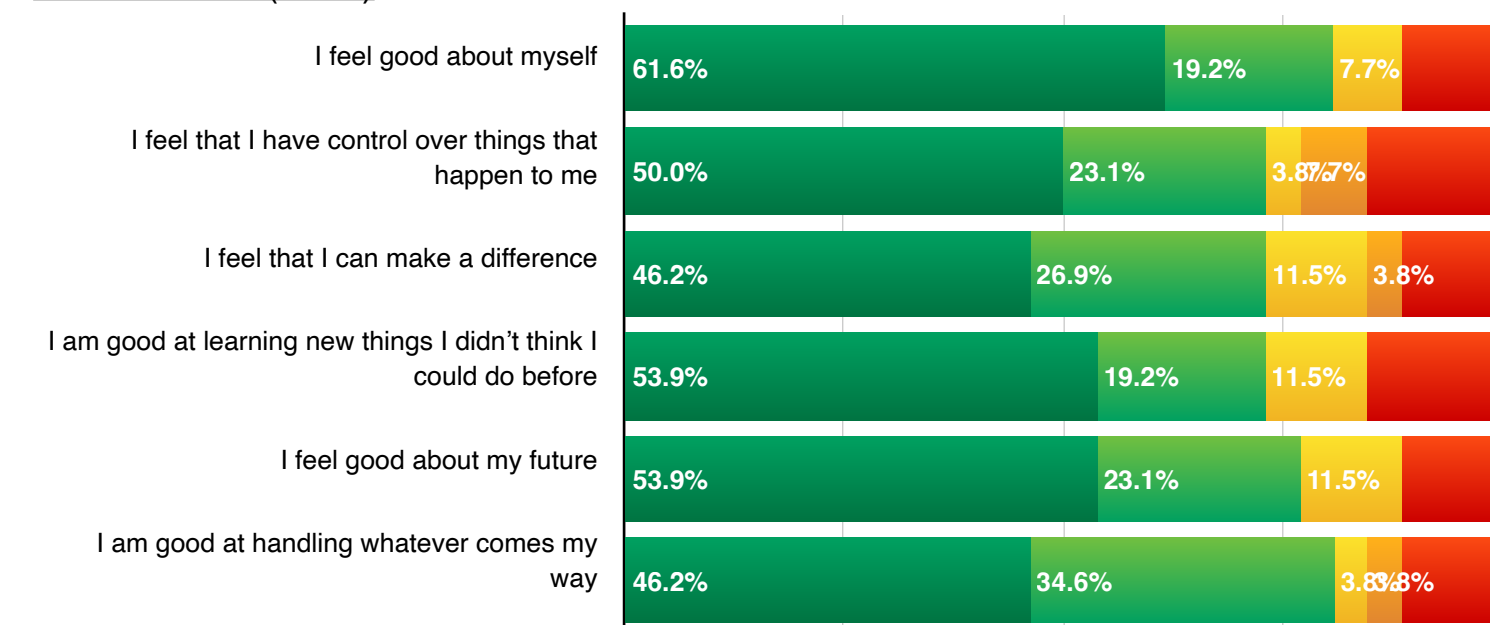
Core Values (n=26)



POST



Sense of Self (n=26)

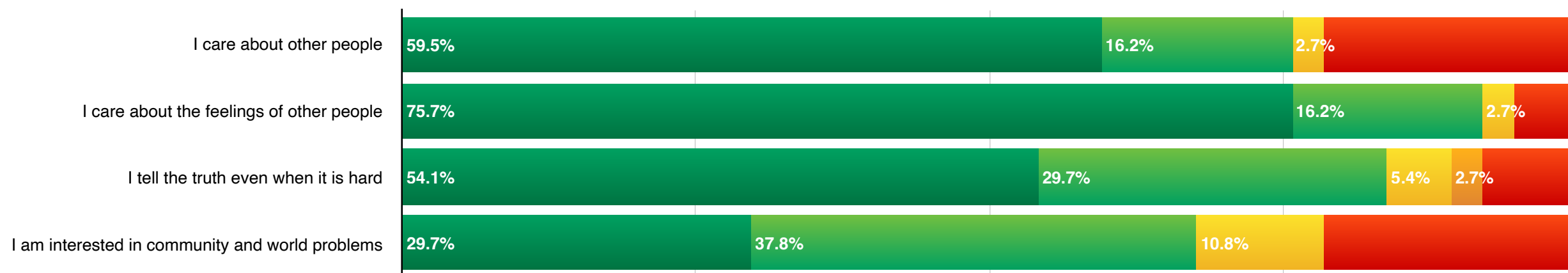




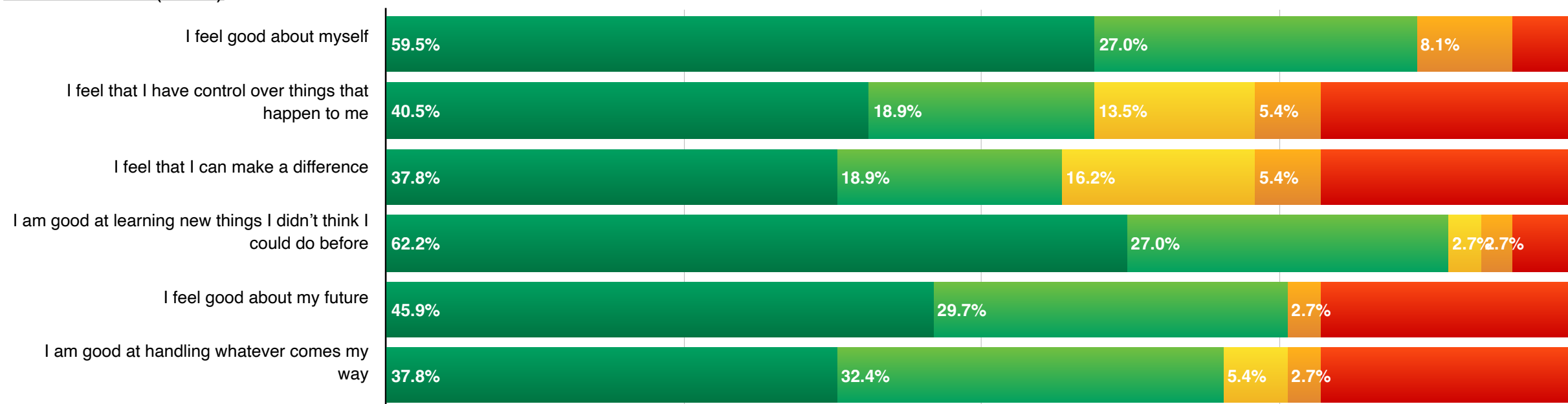
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- yes
- mostly
- kind of
- no
- blank

Core Values (n=37)

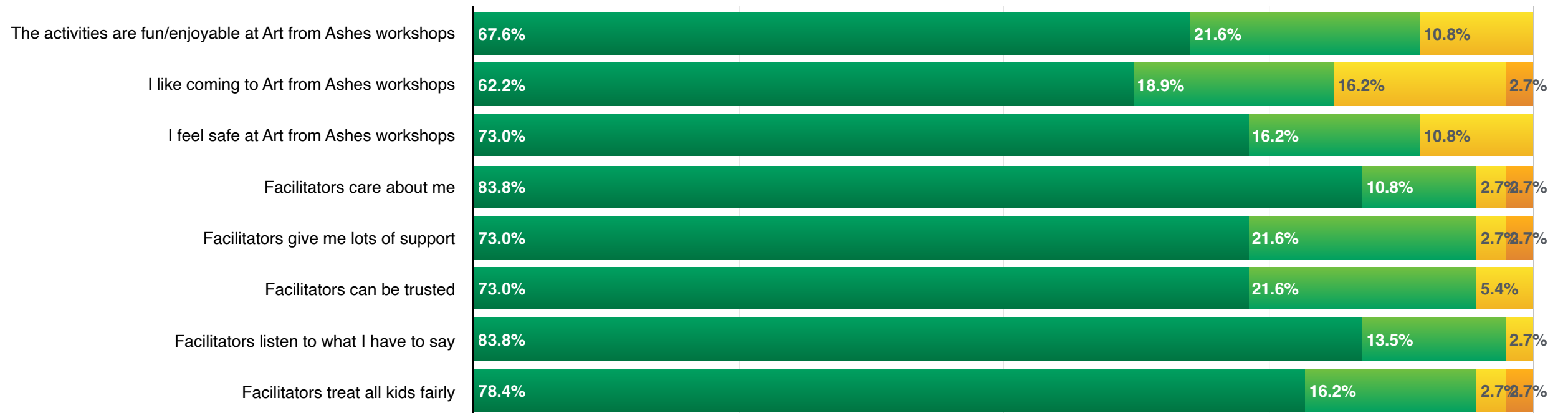


Sense of Self (n=37)



- yes
- mostly
- kind of
- no
- blank

Program Quality & Satisfaction (n=37)



Post-test - What changes, if any, do you hope to see in your life as a result of this program?

Learn how to express myself a little more
In my life I hope to see myself change in the way of making new friends, learning new writing abilities, and having fun in new ways.
Being a bit more open about certain things.
Whatever happens, happens.
NOTE: 2e. I know I can but I'm bad with words. 4(general). To me everybody should be treated with respect no matter what.
Some new things
My art gets better and I have a different drawing mindset
I don't have enough information to answer this question.
I can explain myself.
I become more independent.
Yea
N/A at the moment THX!
IDK
NO
I hope I will be able to express my feelings through words and poetry.
Not sure yet.
I hope to see progress on my anger issues and expressing my feelings
I don't have an answer to that yet.
Becoming a better poet artist
I don't know.
To read more and tell more about your problems.
More kindness, respect, and helpfulness.
I hope to find new interest and be more interested in poetry.
No.
Perhaps.
I could change that I have in myself and write poems.
Better ability to express on paper.
Making a story that will make everyone have a different point of view.
I can express myself easier
None.
Being able to know how to express myself through words.
As a result of participating in Art from Ashes, I feel that I can better express myself in creative ways.

Like I can write more freely in poetry
I think it would be amazing.
I can be myself without worrying
No, I did not.
I work hard and try to get out of my comfort zone appreciate life and the world.
I see myself opening up more.
It's ok; It's fine as is.
I felt more confident than ever
Writing more
Being self aware and possibly thinking too much.
I've learned to express my feelings differently. Using different words. Ways that make me feel good.
I don't know never thought about it.
IDK.
Being more open-minded
I don't know
More time to write the poem and read more.
No clue.



Post-test - What do you like best about coming to Art from Ashes workshops?

I like the people there I feel safe there.
What I like best about Art from Ashes is that you write poems about how you feel.
Talk to people and make friends.
Good environment.
Getting the knowledge of making more stories.
It's quiet
Being able to be creative freely
The chance to be me in my own words.
Being able to express myself and hear others express themselves.
I enjoy the writing aspect of Art from Ashes, specifically, the prompts.
The jokes and puns.
Good and funny people.
I like about coming to Art from Ashes workshops is participating in it.
I got to express my feelings and I feel welcomed also they don't pressure me if I don't want to talk about my poem.
Just the power of doing anything in my poem.
Just on coming in and learning something new.
Perspectives and speaking out.
I like the freedom but still they still give us a topic to write about.
I like to be heard and to listen to what people got to say.
I like being around friends and peers.
It has a calming atmosphere.
Like sharing about my feelings and write more about story.
Getting to see helpful facilitators.
I like the people there I feel safe there.



Post-test - If you could change one thing at Art from Ashes workshops, what would it be?

Nothing. I like it.
If I could change one thing from Art from Ashes is writing words about how we express our life, emotions.
Nothing.
Getting more time to make more poems.
What we do, I love poetry, I just wish we could actually draw sometimes
Needs to be here more than once a week. :(
I think it's great how many people were willing to express themselves.
I would not change anything about Art from Ashes. However, I would love to see more longer meetings.
Nothing they the best
No clue.
Nap times and all you can eat sushi
I would change about is made other poems from videos or from teachers too.
Nothing, honestly I'm liking this club, and the people here are so kind and I like hearing other people's poems.
None.
Idk
Nothing really it's good as it is.
Nothing
Nothing.
The speaking out to the class because I have a hard time getting people with my thoughts and emotions.
Nothing.
More time to write about story and read more and I will miss this so much.
No clue.



